



Body and Soul

Jamie Loeak

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A demon searches for the source of his humanity.

Kate, the daughter of a lawyer and marine biologist, has just moved to a small beach town in Florida. She's forced to start over in the middle of the summer, but is used to it by now, since she's moved around her entire life. When Kate meets Rico and Adriana on her second day at the beach house, everything changes. Kate is introduced to the world of Light and Darkness, and is thrown into the middle of it when a mysterious being attacks her one night. As Kate's nights continue to get weirder, her friendship with Rico and Adriana grows stronger, and for the first time Kate has real friends. When Rico sits Kate down to tell her what is really happening to her, things start to click for Kate, and she is forced to make a decision to quit or fight for her body and soul.

Body and Soul Details

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From Reader Review Body and Soul for online ebook

Jacque says

This was a very enjoyable read. If you like paranormal YA romance, this is an excellent choice. My full review is on my blog. <http://jacquesbooknook.blogspot.com/2...>

Sara Bree High says

Love the cover..looking forward 2 this one :-)

D. says

First of all, I would love for everyone to fall in love with the cover the way I did. The cover reminds me so much of this book. Stunning, clarity, with a certain beauty in the dept of it.

This book is about demons. Looking for the "one" who will help them live forever, without having to continue to change bodies. We have our main character Kate. Her mother is a marine biologist and her father is a lawyer. Because of her mother's job, they have to move. Bringing Kate to the beach life. This is where a series of events start to happen. Like meeting Rico and Adriana. Kate and Adriana eventually become good friends. Kate and Rico start forming a deep complicated bond. Further we go in the story, the more characters we meet, and more action and intensity we will feel. Just to throw someone a bone, I did not like Erik. No way No Sir!!!

Jaime Loeak, definitely does a great job at holding secrets, building great mystery, and spinning events that will knock your socks off. Do not try to read this book and think you have everything figured out. Because I will assure you, you do NOT!

The Author also slams you with heartache. Pushing readers to the maximum limit. This book starts out a little slow, but when it starts building up. It blows up with a big blast! I absolutely loved Donovan. You see for yourself how wonderful his character plays out when you read this book. By all means come back and share with me. This is a great first book for Jaime Loeak, she should be dancing right now with happiness!!!!

This book will blow your mind, when some questions get answered. Some of the events that happen, will even leave you shocked and breathless. This is a great book for all Young Adults. If you are a lover of books filled with action, mystery, tragedy, suspense and romance this is a great book for you. I am looking forward to seeing how everything is brought to us by this Author in the next book.

Nichole says

Poor Kate she has move a lot due to mothers job but she has both parents who love her so much although her mother does not show it much. Her first morning in their new place she meets Rico who just makes her angry and under her skin just by talking to him for a few minutes. Later that night Kate is walking on the beach and was almost taken, the next night the guy that tried taking her is by her house and enter Rico again to save the day only to have to tell Kate that the guy is a demon and changing her life forever. Read the book to see how Kate does with the demons after her and to see if Rico will be her first love. Must read book cannot wait to check out the rest of the series.

Monica Graves says

Good story, poor execution

The concept of the story and characters was good. I feel the relationships were rushed just a bit. The biggest flaw was the perspective jumping and the lack of transition between story line and dream sequence. It made following the story difficult.

Vikki Crandall says

I bought this book at an adorable little bookstore on Sanibel Island. It is written by a local author. Whenever I go to the Island Bookstore, I always choose a book written by a local talent. So far, I have never been disappointed. This book has more of a paranormal basis than I usually read it I love finding new styles! I thoroughly enjoyed it and would love to share it with anyone who would like to read it. Let me know!

Lorrie says

I absolutely loved this book.. If you haven't read it I recommend it for sure.. I had trouble putting it down at all it was amazing.. I have to say that I have a new favorite author. The characters were so imaginable that I even cried feeling as if I was witnessing everything before me.

Kristina Snyder says

When Kate moves to Florida, her whole life changes. She learns that demons really exist, and that they live on Earth with the humans. Demons want to possess human souls so they can feel emotions that the humans possess. They want to feel love. Kate realizes that Kern and Erik are both after her soul for some unknown reason. When Kate starts having visions, she keeps most of them to herself. She doesn't want anyone to think badly of her so she investigates this mystery on her own. Of course, Rico, Adriana and Donovan are also looking for information as well. Will Kate be able to figure out why her soul is so important to them? Will she be able to save her body and soul?

Words can't describe how much I loved this book. I was truly captivated with Body and Soul. I was hooked from the very beginning. Once I started reading Body and Soul, I couldn't put it down. For one thing, the story is beautifully written.. I felt like I was right there with the characters through everything they faced, rooting them on. Jamie filled this story with adventure, mystery, tragedy and romance.

Relating to the characters is what makes stories magical. I loved all the characters in this book. Well, except Erik. I hated him. I don't like the evil characters in the books. Kate was a true heroine in this story. She didn't know anything about demons really existing so she was very inquisitive. She was always seeking information. I also loved to see Kate grow gradually through the story. I loved how she put other people before herself. Who could now love Rico? Black hair, cobalt blue eyes. He was one of my favorite characters in the story. I loved watching him grow as well. He was very set on keeping Kate at arms length. He didn't want to fall for her because of who and what he is. He also didn't want to fall for her due to what could happen in the future. He is immortal and one day, Kate would die. He couldn't live without her if he lost her. It was very sweet. I love my romance. Donovan was like the father of the group the protector. Adriana was a great friend. She helped Rico and Donovan see that can coexist with humans without possessing their souls.

When I finished this book, I was utterly shocked and surprised. There were a few events that I didn't see coming. I really surprised with what happened to Donovan at the end. I was so excited and happy for him. It changes everything they believed in. What happened with her father tore me to pieces. I had to quit reading for a few so I could quit crying. I did learn a little as to why Kate's soul is so important. But for what he truly plans to do with her, is still unknown. I was shocked to learn what Rico, Adriana, and Donovan truly were. I knew something was different with them, because they couldn't touch her. I just didn't know what. This story isn't one of those happily ever after stories. I am hoping the series ends with a happily ever after though. There are still a lot of answered questions that I have so I can't wait to read the sequel The Key's Keeper.

Check out the cover!!! It is simply stunning!!!

You can also find this review on my blog at [Ever and Ever Sight](#)

Amy says

The story is different than what I have read before, very unique and interesting. Each time I had to put the book down, I couldn't wait to pick it up again and find out more about Kate and Rico. The characters are easy to love. The book does not focus on the romance aspect, but still gives enough romantic moments to make you root for a happy ending. I like that the main character has a good relationship with her mother and father, deep down she is a daddy's girl but it is nice to see a teenager that enjoys time with her parents as well as her friends. This is a wonderful read! It was well written, kept my interest piqued and had a great story! I can't wait for the next book!

Fab Fun & Tantalizing Reads says

Love the cover..looking forward 2 this one :-)

Mary says

If you know anything about me from reading this site, following me on Twitter or Facebook, you know that I have a slight obsession with fictional boys and book series. In Body and Soul, Jaime Loeak has rocked my world with both!

Best Part of the book: I am going to start with Kate. She moves around a lot because her mother is a marine biologist and her father is a lawyer. This story is set in Florida, a small beach town, and it is here that we meet Rico (ok I had to talk about the boy). Rico is not just some boy and his friend, Adriana, is not just some girl. Kate begins to have these "dreams" and is not sure what is happening to her. Well, there is more to the world than what the human eye can see. Rico and Adriana try to help her understand the "situation" between the Light and Darkness; but it is up to Kate to choose what is best for her Body and Soul. This is one reason why I love Rico, because he wants to protect Kate at any cost. However, the question: can he do it?

Not so great about book: Here are the 2 problems wrong with this book (and they are HUGE problems). The first is, I was not warned that I would be crying my eyes out at the end. Talk about ripping someone's heart out! OMG! The second issue is: I don't know when book 2 is coming out. I am not sure if I can hold out too long before I lose it! I need more Rico and Kate in my life! I am hoping that a release date is announced soon, until then I will be stalking Jamie Loeak on her site

Tracey (Life and Literature) says

The nature of her parents work, her mother is a marine biologist and her father is a lawyer, means that Kate doesn't stay in one place for very long and so she has always found it difficult to make friends and maintain relationships. Not terribly happy about their latest move until one day on the beach she meets Rico and Adriana and for the first time Kate forms some real friendships. But it doesn't take long for things in Kate's world to start unravelling.

I loved the relationship that Kate had with her father. They had such a closeness and his love and concern for her was lovely to read. By the end of the book Kate and her mum seemed to be in a much better place but I would have liked a little more insight into why at times Kate felt such animosity towards her. The girly time that Kate and Adriana had was fun, but I have to say that my favourite relationship was Rico and Kate. They definitely had the rocky moments and you sure couldn't say that things were smooth sailing!! They are both quite hot headed at times, but you have to love characters who are so passionate about their beliefs.

Jamie Loeak did a great job of building the intensity until you were at the point of sitting on the edge of your seat just waiting to see what would happen next especially once we hit this huge climactic scene where there was just so much going on!! It was so emotional and at times heartbreaking!!

So if you like your paranormal with a dose of romance and a shot of action and intrigue than you can't go wrong with Body and Soul.

Review first posted at YA Book Addict... <http://youngadultbookaddict.blogspot....>

Tina says

Awesome! I recommend this book...

Jen says

I do not recommend this book. In retrospect, I wondered how many times the author wrote the main character's name... 2,195 TIMES! I found this so annoying. For a book that only has 240 pages, you get the idea.

Everything about the story, the characters, the actions... everything is spelled out. There's no mystery. The ending is this mess of huge actions, and for someone who touts having a soul and experiencing love as the be-all-end-all, the main character barely reacts when she experiences a tremendous personal loss, choosing instead to make out with her man. It's horrible.
