



Miracles Of Your Mind

Joseph Murphy

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In this fascinating book, **Dr. Joseph Murphy** expands on his theory that the latent powers inherent in our subconscious can improve our lives. This tremendous power can improve our health; create wealth; overcome debilitating factors such as alcoholism and drug addiction; improve marital relations; and, in general, provide guidance in making key decisions.

Dr. Murphy provides specific steps to nourish your *conscious* mind with the tools and attitudes that will open up the infinite power of your *subconscious* mind. Whether you wish to conquer a bad habit, be more successful, obtain harmony in your family, or achieve goals that have thus far been unattainable, you will be given guidelines to put you on the right path.

Miracles Of Your Mind Details

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♥ Ibrahim ♥ says

Another good book by Joseph Murphy, and if you read his most prominent works you would catch onto his thought pattern and wonderful inspiring ideas. This book is saying that your mind can work miracles and it is up to you in how you use your subconscious i.e. mind. I particularly enjoyed the chapter "The Subconscious Mind and Health". We are blessed to have a pdf copy of this book online:

<http://www.surrenderworks.com/miracle...>

I particularly liked this quotes from the book:

Our prayers are not a begging for health, but are affirmations of the healing of the unhealthy element the patient wants to attack stated in such a positive, repetitious manner that eventually it sinks into the subconscious, and becomes a part of that person,' Dr. Parker said.

I would like to stress a few important factors here relative to the workings of the subconscious mind. A man came to me one time and asked me why it was when he kept on saying to himself, "I have no headache," that the pain did not go away? The subconscious mind will not easily accept this contradiction; it accepts only what you believe and feel as true, or accept, as possible. If you mentally accept the possibility of the execution of your idea, the subconscious will cooperate. In order to impress the subconscious mind, you must gain its cooperation. If you can convince the subconscious mind you have no headache, the headache will go away.

I suggested to him this method: Declare: "It is passing away," over and over again quietly and peacefully. In this way he would be better able to sell the idea or conclusion to the wise, deep self, called the subconscious mind. He got results; he added something to it, "It will never return." For years he has never had any migraine attacks from which he suffered frequently. He had a belief or an expectancy that every Tuesday and Saturday morning, he would get migraine attacks. This feeling acted as an auto-suggestion to his subconscious mind; the latter obliged him by seeing to it that he would have a headache at the time specified. It simply said, "It is Tuesday morning; the boss wants a headache." The negative suggestion was removed by the above counter suggestion.

Lakpa Tashi Bhutia says

It was wonderful read, short and simple. Some of the methods to awaken subconscious mind described in the book are catchy. Once we start realizing the power of our subconscious mind. We can solve any problem with our subconscious mind comes into play. A change must has to begin from within. Even a simple trick makes great wonder in life. Good motivational stuff.

Joyce Job says

This book is really good when you consider it as an individual self help book. But since I read 'the power of your subconscious mind' first I couldn't stop myself from comparing it to Joseph Murphy's masterpiece. It helped me to refresh on the contents of the former since most of the ideas were same.

Shaambhavi Puri says

This book talks about the theory our mind possesses its also makes us aware of the latent powers our mind inherits and how our subconscious mind improves our life. This book is a must have in each ones library. When we are aware of the miracles of our mind we actually can get rid of the circumstances of our life rather we also can get to know how each ones mind operates and through that we actually can get more success and wealth,bring more harmony within our family , friends and the world. This book also provides valuable guidance in making key decisions of our life.

THE CONSCIOUS MIND HAS THE POWER OF CHOICE;

THE SUBCONSCIOUS MIND DOES WHAT IT'S TOLD TO DO.

My rating- ????????.75

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Thank you!

Ankita Ojha says

A very quick and easy read. If you've been introduced to the law of attraction then this book will act like a reminder. If not, then this book might bring about a whole new concepts. Either ways, a book to cherish and read whenever possible.

Also helpful that the book is divided in chapters of areas of life so we can refer to a particular chapter as and when required! Like the simple language and many affirmations given in it.

Recommended.

Shikha rawal says

Simple easy and good motivational booster

Genevieve Ducharme says

The audio version was a bit boring (I found it on YouTube and the voice... is not optimal to keep your interest).

That aside, he has interesting theories and facts about your conscious and subconscious minds. He gives tips and ways to change your patterns and ways of thinking that are extremely useful down the road.

I am glad to have found a good audio version, as it is shorter to listen to it than to read the book. I am happy to have given it time and listened to it from beginning to end.

I would not buy the book, but reading it is a good idea.

Sreevatsa.haritasa says

The main concept of the book is the "mind". As title emphasize, it took me through the miracles of our mind. Anything could be achieved if you impress good thoughts as food for your subconscious mind. Subconscious mind plays a crucial role in every little thing we do. Came to know a lot of things on how to have a good thought to success and a lot more.

Thebookvamp says

You are what you think.... I just observed it from every chapter that i got optimized step by step. Now the only thing to do is do as he says. just believe.

PonnuSamy K says

This is really worth the reading book, I feel myself believing in things which are I can able to do. Also increased my productivity in problem-solving and planning. Author made me believe in subject minds' existence.

Kishwar Zubair says

Have you read 'the power of your subconscious mind' by Joseph Murphy? If yes then don't read this book as it is exactly similar to that book, just a bit shorter. And if you haven't read that book even then don't read this book. Go, buy & read that book. You like it or not is totally a different thing but atleast that's an international bestseller ?

Yogi says

This appears like a distilled version of "The Power of your subconscious mind" a very book indeed. As an Indian deeply interested in the ancient Indic scriptures and Hindu philosophy this book does not come as a major surprise or with anything new that ancient Indians have documented and practised for ages - the crux being "mind over matter". Anyway, one important point that caught my attention was the fact that Dr Murphy's key message was that "you are divine and all powers reside within you" a version of "*Ahum bhramasmi*", not surprised by this conclusion given the fact Dr Murphy spent many years in India studying Indic religion & philosophy. If you are a person who believes your mind is all pervasive and powerful, you will enjoy the book. If you are an intellectually argumentative person of "show me the proof" types, you are more likely to be irritated with the content, as except for broad recommendations on how to engage your subconscious mind there is not much you will find as means & methods for cultivating your mind in this book.

Saravanan says

One of the short books of the author.

As expected, it was crisp and to the point with very few contextual stories here and there, little bit of metaphors do work sometimes, it seems. It was also nicely divided into multiple sections to grasp the content easily. The author has taken just one concept (subconscious mind) and has given multiple formats of books based upon it.

Shahid says

If you want to read the gist of "The Power of Your Subconscious Mind", this is it.

Payal Banik says

The same concept as in the power of your subconscious mind.... Not sure what was the need to write a separate book with a separate name?
