



Cancer: Step Outside the Box

Ty M. Bollinger

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Now in its 5th Edition (recently updated in 2011) and with over 100,000 copies sold since 2006, Cancer-Step Outside the Box is a must-have book that everyone should own. According to Dr. Rashid Buttar, author of The 9 Steps to Keep the Doctor Away, "Ty Bollinger's book, Cancer-Step Outside the Box, is an extraordinarily thorough and courageously well written book, brought to fruition by the dedication of a son for his departed parents. I found it difficult to put down this exceptional book once I began reading it and plan on recommending it to all my patients suffering from cancer who seek treatment at our clinic so that the light of truth and hope contained within this book can shine brightly on them as well." In the words of cancer survivor, Brad Matznick, I am not a journalist, that's Ty's job, so I won't drag this out ... I am a cancer survivor and this book was a huge contribution to my survival (it's one of the best books on the subject). Ty is a rebel... maybe even somewhat eccentric, but you can't ignore what he's saying. Read this book if you or someone you care about has cancer ... nuff said. With satisfied readers in over 50 countries world wide, Cancer - Step Outside the Box is a roadmap to successfully treating cancer and regaining your health. This book is chock full of the most effective, non-toxic cancer treatments in the world. Truth be told, there are many potent and well-proven alternative strategies for preventing and treating cancer... without surgery, chemotherapy, or radiation (the Big 3). Inside this book, you will find a wealth of information that your doctor probably doesn't know. Here's why: while at medical school, doctors learn a very drug-intensive style of medicine, because multinational pharmaceutical companies (Big Pharma) funds the medical schools. As a result, most doctors are still thinking inside the box when it comes to cancer treatments. The cancer box is largely the creation of Big Pharma attempting to peddle their poisons (such as chemotherapy) in an effort to increase shareholder profits. Sadly, these profits are generated at the expense of cancer patients. In the words of radio talk show icon, Jeff Rense, I have been involved with so called 'alternative approaches to cancer' for a long time. This book is 'the Bible' - buy it and you will be amazed. It is a masterpiece." This book succinctly explains the facts and deceptions about cancer and cancer treatments, it documents multiple cases of persecution and suppression of effective natural cancer treatments, it details the most potent advanced cancer treatment protocols, and it clearly explains the relationship between nutrition and cancer. The author is not a medical doctor. He is a researcher who has compiled the most concise, easily readable, comprehensive book on alternative cancer treatments and health. This book is a gold mine of information, helpful to cancer patients, those attempting to prevent cancer, and health care practitioners alike. According to Dr. Pavel Yakovlev (Oncosurgeon in the Ukraine), the material in your book is enriching and hope-giving for clinical practice I made many notes while reading it to be applied to my work. Elaine Hullibarger, breast cancer survivor, states: I had terminal cancer and used Ty Bollinger's information on non-toxic supplements and the nutritional information along with traditional medicine. Anyone who has cancer, or knows someone with cancer should get this book and read it from cover to cover. I'm alive today because I did.

Cancer: Step Outside the Box Details

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From Reader Review Cancer: Step Outside the Box for online ebook

Kathryn says

An absolute must read! Be informed!

Peter Migner says

Excellent book. Very informative and many stories and options. Highly recommend for health not just for cancer.

Lisa says

Would have been a good book if not for the ridiculous religious claptrap.

Monica says

A very readable book that approaches prevention and management of cancer holistically pulling together many sources of information and natural cure.

Even if one does not have cancer, it is useful to refer to his book to see how we can live more healthily, holistically and naturally. A book for keeps and as a constant reference in the home. Highly recommended.

Denise says

Anecdotes, conspiracy theories, outdated information, and faulty suggestions. Not everything in this book is erroneous, however, readers should look for more credible sources. Any good source will have research and evidence, beyond anecdotes, to support claims.

http://rationalwiki.org/wiki/The_Fine...

<http://rationalwiki.org/wiki/Evidence>

Marion Princic says

A very good summary of truths about cancer treatments and preventions with a lot of good references to researches to compliment this essential information.

A book that belongs in every household.

As a compliment to this book I recommend to also read "The 80/10/10 book written by Dr. Douglas Graham. It kind of goes hand in hand with the cancer book.

The same information is backed up or reflected at www.nutritionfacts.org by Dr. Michael Gregor who reviews medical journeys, studies, reports. Giving you the most up to date and accurate information about nutrition.

Everything he presents is referenced so that you can review the actual study and by which organisation it was conducted.

Gudrun says

This is so useful in finding a different way of looking at cancer.

Julie says

Over 500 pages...Well worth the read. :)

Jenny Cunningham says

An excellent very informative book. As a result of reading this I sort out an alternative cancer cure and found it works, just as Ty said it would. No-one should ever consider treatment until after they have read this book.

Susan says

Wow, excellent, another good one! Every single page was chock full of information. Adding black pepper to turmeric increases the efficacy of the turmeric 1,000-fold. Finally, an easily understandable explanation of why high fructose corn syrup is so damaging. Plus, all the documented natural cancer treatment impediments imposed by "Big Pharma", the FDA, and the AMA. This book is a valuable resource to arm yourself with healthier choices!

Mary says

Worth reading! I borrowed this book from a co-worker and plan on buying my own copy. Chalk full of valuable nutritional information and resources to make an informed decision when it comes to your health. Invaluable for those faced with the decision of how to treat Cancer, Autism and numerous other diseases.

My Book Addiction and More MBA says

CANCER Step Outside The Box was a very interesting read. I found it to be very informative about things that happen in the USA (considering I am from Canada). It was written in layman's terms which will benefit most readers. The author really did his research and had written about his experiences. I found myself feeling for him and his family. The only thing that I found hard was to continuously read the book. I kept having to put it down and then come back to it later. If you are interested in alternate therapies, this would be of interest to you but I would definitely consult with a physician.

Rating 3

Reviewed by KellyR

RECEIVED FROM THE PUBLISHER FOR AN HONEST REVIEW BY MY BOOK ADDICTION AND MORE

Karen says

This is a great resource to start you out on doing your own research in order to find alternative methods to be healthy or fight cancer. Don't take everything in here as "truth" but as a place to start looking for information if you don't want to just go along with traditional medicine and Big Pharma.

Kristina Seleshanko says

This book is written by an ordinary guy whose parents died of cancer. His goal genuinely seems to be to educate people about alternative treatments - treatments he wishes he'd known about earlier. For certain, there are many interesting and intriguing stories here about why the government and certain organizations do not promote alternative treatments, and about how certain "cures" were discovered and are used today. What is almost completely lacking are references - and the references that are given are never (to hedge my possibly faulty memory, I'll amend that to nearly never) about facts. He references quotes from others, mostly giving their opinions. But the stuff you really want to know about - like some of the histories or the stats and studies on some of these "cures" - isn't present. What's worse, his sources are rarely (maybe never) primary sources. Now, this is a pretty long book, with tons of "facts" presented, so it would be a HUGE undertaking for me to research the facts and discover where the author got his information (primary or secondary source?) and whether I feel those sources are trustworthy. In short, I just can't imagine trusting my life - or anyone else's life - on the information here. Combine that with reviews on Amazon where readers claim to have tried the "cures" only to have them fail...and, well...What I HOPE is that the author will come out with a revised version of this book, with properly annotated footnotes.

Trisha says

This book is excellent for those researching alternative choices to cut, burn, and poison. Each treatment is explained and for what types of cancer, who discovered it and why it works. Also info on detoxing liver, parasite, etc.

This lists many strategies that are not available in the US but found in Europe or Mexico.

