



## Karate-Do Nyumon

*Gichin Funakoshi*

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Karate-do Nyumon literally means a passage through the gates of the Karate way - in other words, an introduction to the world of Karate. Karate-do Nyumon is the result of Master Funakoshi's wish to clarify Karate thought and practice for those who know nothing about it. It comprises unpublished writings from the years before his death in 1957, together with simplified kata - sequences of movements - synthesized by Funakoshi from the traditional Okinawa Karate-do kata, for beginners. In his description of what Karate is, the Master describes the history of Karate - its origins in the ancient methods of unarmed combat in China, and its growth as a fighting method in Okinawa, a country where arms were banned in a succession of decrees from the Japanese mainland. In order to prevent it being subjected to control, or more importantly, to prevent the Japanese overlords from knowing and using the techniques, the practice of Karate was kept a secret. To preserve this secrecy, the habit persisted until very recent times of keeping no records. Master Funakoshi, however, recognized in this book and others the need to formulate the kata precisely, so as to establish a standard of true Okinawan Karate.

## Karate-Do Nyumon Details

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## **From Reader Review Karate-Do Nyumon for online ebook**

### **Jeremy Preacher says**

This book has two halves - the historical and parable section, which is interesting if brief, and the technical section, which I skimmed. (I don't get a ton out of looking at still pictures and reading painstaking step-by-step movement descriptions.) It's an interesting read nonetheless, though, if only as an example of what the founder of modern karate considered the bare essentials for a beginner.

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### **Jim Bouchard says**

If you're a serious student of the arts, you should go to the source as often as possible. Funakoshi is the father of contemporary martial arts study and one of the first teachers to bring Asian arts to the general public. This is his introductory text book.

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### **Paul J. Youngman. says**

Funakoshi sensei is considered the father of modern karate. To read this book is to come as close as possible to actually sitting down with the master and listening to him discuss all matters of karate, martial arts, budo and spiritual ideals. If you have any interest in martial arts this book will appeal to you. If you have an interest in Shotokan karate, this is a must have book to aid in the development of your mind body and spirit connection. I read this book a couple of years into my training. As a novice karate-ka I wanted to find out all I could about this fascinating martial art and the creators of it. This book Karate-Do Nyumon The Introductory Text is an excellent starting point on the path of self discovery.

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