



The Hungover Cookbook

Milton Crawford

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Everything you need to know to assess, understand, and improve a hangover is here: dozens of comforting recipes, very clever graphic tests for analyzing your state of mind, and quizzes for tracking your progress.

A good hangover brings its victim to a new state of mind—and one that, when looked at objectively, can be quite fascinating to its host: It can create an increased awareness of the body, a willingness to eat something usually off limits, and a fascination with the mind's strange acrobatics. With P. G. Wodehouse's six hangovers—The Broken Compass, The Sewing Machine, The Comet, The Atomic, The Cement Mixer, and The Gremlin Boogie—as a starting point, recipes are tailored to each specific malady, allowing the reader to find a recipe (or just a menu item) that precisely suits his state of mind . . . and body. Interspersed with the recipes are mind games, witticisms and graphic jokes, insights into hangover science, quizzes to see if you are still drunk or now just merely hungover, and more.

The Hungover Cookbook Details

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From Reader Review The Hungover Cookbook for online ebook

Lucas says

No Maggie Beet but some fun recipes scaled from stupidly easy towards more ambitious hangover meals

Chris Jennings says

A silly little book that doesn't require much more than a perusal. Many of the recipes are run-of-the mill egg dishes with a few really clever uses mixed in. The writing style is super cheeky and British which suits a book on this subject. It is an entertaining read with plenty of humorous descriptions on hangover symptoms and styles. At the very least the illustrations and minimalistic style of the layout invite you to pick it up and check out a recipe no matter how much you had to drink last night.

Raisu says

A book about hangover cures. Whatever will they think of next? Come to think of it, Crawford probably isn't even the first one to have this idea. Many of the recipes seem interesting and tasty, and the idea to divide to book into chapters according to Bertie Wooster's hangover types was fun. But who has the energy to cook in that condition? No-one, that's who.

This book gave me a few chuckles, but I predict that in the long run it'll be perfectly forgettable. But it dead make me want to a.eat a lot, b. have a fancy cocktail or three, and c. read books about alcohol by better writers, such as Wodehouse and Kingsley Amis.

Laura says

Got it as a gift. Funny, but could include more recipes with just the bare basic ingredients-who wants to go out for groceries when hungover? Had a bag of chips instead.

Joann says

it was a gift

Manintheboat says

It gets one star for being funny, although he steals his funny from PG Wodehouse. And one star for for one good recipe.

The British ought to stay away from attempting Mexican food.

Lamb Kidneys? You're suggesting hungover people ought to eat lamb kidneys on toast?!!

Tom says

Enjoyable enough, has some interesting recipes that I will probably never attempt but always know that this book is close by if I have enough energy and can clearly read without the words swimming away.

Christina says

I really liked this book!

For a more in depth review with pictures follow the link to my blog post:

<http://saltpepperbrilliant.wordpress....>

Paul says

A fascinating culinary adventure; would love to find time to try out some of these recipes; or even call the author over to cook these for me...
