



## Evoking Change: Make a Difference in Your Life and in the World

*Anna S. Christie*

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## **Evoking Change: Make a Difference in Your Life and in the World** Anna S. Christie

"Anna Christie has written an elegant and thoughtful book for people who want to make changes in their lives and have an impact on the world. "Evoking Change" gives us tools and hope, along with a solid framework for helping not only with troubles but also in troubled times." -Peter Silin, MSW, RSW, author of "Nursing Homes: The Family's Journey" Change requires patience, and true leadership that evokes lasting change is a continual journey-a lifelong process that begins and ends with personal growth. Leadership and personal-growth consultant Anna Christie distills complex psychological and psychiatric theories into a practical, spiritual plan to help you thrive and excel at home, in the workplace, in the community, and beyond. She challenges you to take control over your own life by defining your goals and focusing your energy in ways and areas over which you have genuine power to promote lasting, effective transformation. With refreshing optimism, Christie puts you on a foolproof path that will positively impact all aspects of your life and eventually improve the world.

## **Evoking Change: Make a Difference in Your Life and in the World Details**

Date : Published September 27th 2007 by iUniverse

ISBN : 9780595444557

Author : Anna S. Christie

Format : Paperback 332 pages

Genre :



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