



The Light Within Me: An Inspirational Memoir

Ainsley Earhardt

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The celebrated Fox News star and #1 New York Times bestselling author offers a powerful, uplifting look at her life and her spiritual journey, reflecting on her family, her faith, and her successful career.

In her bestselling children's book *Take Heart, My Child*, Ainsley Earhardt drew on her childhood and the inspirational notes her father wrote her before school each morning. In this moving memoir, she reminisces about growing up with a father who loved his children unconditionally—a cherished model of parenthood she has adopted with her own daughter—how her Christian faith has shaped her life, and the dynamic journalism career that has made her a trusted household name.

From her insightful political coverage, including a sit-down with Melania Trump, to her powerful reporting covering some of the most headline-making national events, to her live coverage, including Pope Francis' visit to New York, Ainsley considers her career and the factors that have propelled her to the top of her field, becoming a cohost of *Fox & Friends* and contributor to *Hannity*. Ainsley credits her success to the values she learned from her parents, and to the enduring Christian faith that has been her ballast through thick and thin, in good times and in periods of great difficulty.

Filled with inspirational quotes taken from Scripture and illustrated with sixteen pages of never-before-seen photos, her memoir is infused with her spiritual beliefs and will touch the hearts of all her fans, reminding them to count the blessings God has given them every day of their lives.

The Light Within Me: An Inspirational Memoir Details

Date :

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Author : Ainsley Earhardt

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From Reader Review The Light Within Me: An Inspirational Memoir for online ebook

Tiffany says

Personally I found the memoir may be too preachy for any non-Christian. She also dished out many life motivational quotes that seemed more cringeworthy and fake than aspirational. I found it disappointing that Ainsley mostly focused on the good cheesy successful stuff in her life and merely glossed over anything negative - making it hard to see her as real or relatable. Overall kudos to her success but I struggled to like her or the book.

Bruce says

Here's a girl who loves her job and loves the Lord. It disturbs me that the only mention of her husband is having given her the 'gift of motherhood.' Marriage #1 failed because she was absorbed with work. Must credit Ainsley for admitting that. I literally pray that she will give as much time to husband #2 as she does her daughter . . . and that her success at Fox will not squeeze out her family.

Donna says

If you loved this book and/or the author, then you might want to skip this review.

I didn't know who Ainsley was before I picked this up. I rarely give 1 star ratings, and I don't think I've ever given an autobiography a 1 star rating, but it just goes to show that all things are possible. I've read many autobiographies. It is a genre I enjoy. However, I did NOT enjoy this one at all. This falls into the "inspirational" & "Christian" categories, so I thought I'd more than like this because I love both of those genres. So it's a let down of sorts, that I can't find one good thing to say about this book.

Here is the main reason I had a problem here: I heard the perfect words but there wasn't a thread of connection to her actual story or her motives. Because of this, it didn't feel authentic to me. I won't go into detail here. I have a few personal rules when writing reviews of autobiographies that I won't break. I know it is hard to put a piece of yourself out into the real world for all to see. I admire that, but tbh, this was painful to get through. She had a nice voice though for the audio. (Yay, I found a positive.)

Update: After posting my review, I got to thinking that I don't like giving 1-star ratings, especially in this genre. I looked through all of the other autobiographies that I've read and I did actually give one other a 1-star rating.... so here is the question:

What do Ainsley Earhardt and Sammy Hagar have in common? You guessed it.

Dionne says

I thought I would like this book a lot more than I did. I've read a lot of memoirs, and this one just lacked

depth. Ainsley has certainly worked hard to get where she is in her career, but she doesn't share much insight. When she talks about hardships she just chocks it up to being God's will and moves on. I would've liked to hear more about what she learned from those times.

Maggie Boyd says

I've read a lot of books espousing theories on what is wrong with Christianity in America today. Many of them focus on evangelical/conservative Christians as the problem, so in the name of balance I determined to read a book that presented the other side of the story. Ms. Earhardt, as a host of Fox and Friends, I felt would surely present that side.

She did, although that was not the focus of her story. Her primary focus is on taking us through a bit of the journey of her life. She shares the joy she takes in being part of a close family and how they taught her the value of hard work and responsibility. While she admits that she was "blessed" by her good fortune of being born into the family she was, she touches only lightly on the tremendous privileges that were afforded to her because of the wealth which surrounded her. She also never discusses - not once - the privilege afforded to her by her winsome All American girl looks. I wonder if as she was writing this she realized how great it is that she never once had to deal with the racism many of her viewers dish out to people on a regular basis simply because those people are "other" to them.

She only touches lightly on her divorce, which is typical of evangelical doctrine since the '80s when they had to bend over backwards to make Ronald Reagan anything like a Christian. She mentions sorrow and regret but doesn't discuss the possible role her career ambitions had on the relationship or the idea of sin and wrestling with whether or not a remarriage would be right in light of Matthew 19:3-12. Given that this was supposed to be about "what God has done in me, through me, and for me" such a discussion would have been both appropriate and critical.

She also takes a generous brush to Roger Ailes and the situation he found himself in. She feels sorry for the women, assures us she wasn't one of them and reminds us that all have sinned and fallen short of the glory of God. She doesn't mention the O'Reilly scandals at all and brushes only slightly on the ET Weekly scandal surrounding then candidate Donald Trump. She offers no insights or views on whether she has wrestled with surrounding herself with people often embroiled in such scandals. No mention is made of 1 Cor. 5: 9 I wrote to you in my letter not to associate with sexually immoral people— 10 not at all meaning the people of this world who are immoral, or the greedy and swindlers, or idolaters. In that case you would have to leave this world. 11 But now I am writing to you that you must not associate with anyone who CLAIMS TO BE A BROTHER OR SISTER but is sexually immoral or greedy, an idolater or slanderer, a drunkard or swindler. Do not even eat with such people.

I think in many ways, though, Ms. Earhardt nailed her message. It's a story about inviting Jesus into your life as a participant, as someone who helps and guides you. This is a crucial difference between the two views of the gospel right now. One side is about Jesus being a part of your life. The other side is about being called to become a part of His. "I am crucified with Christ; and it is no longer I who live, but it is Christ who lives in me."—Galatians 2:20 Matthew 16:24 Then Jesus said to his disciples, "Whoever wants to be my disciple must deny themselves and take up their cross and follow me. 25 For whoever wants to save their life[a] will lose it, but whoever loses their life for me will find it."

I think fans of the author will find this an enjoyable, light, easy read. Not very inspirational in terms of the gospel but I don't think they will be looking for that.

Niki Mott says

I don't watch much TV, no cable TV in my home. As such, I had no idea who Ainsley was when I happened upon this at the library. I love that Ainsley was not afraid to speak from the heart about her faith and her patriotism. I had the audio book, nice to hear it read by the author.

Lady Jane says

Ms. Earhardt benefitted from every advantage that being raised in an intact, healthy, loving Christian home within monied Southern culture can offer -- with the added bonuses of cosmetic beauty, intelligence and social winsomeness. And, it appears that she did not detour down a rebellious path, except when expectations placed on her may have conflicted with her career goals. Ms. Earhardt's starting point in life was far ahead of most people, including other young women who became Christians at the same age as she.

This inspirational memoir is the story of Ms. Earhardt becoming and living as a Christian during her young womanhood, not an autobiography that provides details about her broader life or a journal that exposes how she processed her life's highs and lows. Nonetheless, I felt as though in her articulated orientation to maintain a "positive attitude" she may have glossed over, repressed or ignored painful challenges, despite touching on the dissolution of her first marriage and loss of her first baby. The significance of this is to create a picture of the Christian life that is unrealistically charmed and to inadvertently present a practical theology where God exists to help fulfill one's own earthly dreams. If Ms. Earhardt's theology is inapplicable to, say, the Christian girls of Boko Haram or former U.S. gymnast Rachel Dellenholander, then the theology itself is faulty. Ultimately, I suspect that some of the sanctifying trials God has allowed Ms. Earhardt to experience are different than those who aren't blessed with her many advantages can resonate with and she chose not to mention them, while also fulfilling Southern cultural expectations to maintain winsome positivity.

It was very courageous of Ms. Earhardt to reveal such a personal area of her life to public scrutiny, especially given the current viciousness of American culture. It will be interesting if her story and perspective changes in 20+ years.

Jeff Dawson says

Is this an in depth memoir? Not really, but then it isn't supposed to be. Some reviewers have been disappointed with it. Why? She didn't go into more detail on her divorce or the scandal with Roger Ailes. And? That isn't the point of the story. If you're hung up on those issues then you missed her point by a mile! It's how she let God guide her. Why is that such a hard concept to grasp?

She made a decision at a SAE party that would be life changing. She could continue to party or she could break the mold and chose a different path; one that honored Jesus Christ and his father. She chose the later.

I've also notice some reviewers have called out her childhood and imply she was born with a silver spoon in her mouth. Really? Her father and mother worked hard for what they had and instilled in their children, "if you want it, earn it." Yes, her parents were successful. Why should she be vilified because her parents were hard working citizens and began enjoying the fruits of their labors? What a novel idea.

While her career has reached the pinnacle of her profession, personally, she's had some issues. You see her first divorce coming like a run-away freight train. It was no surprise to see it end. I lived that life where work consumed my schedule and not family. According to recent reports her second marriage is also coming to an end. I can't help but think the work and their baby Hayden play a major part in this collapse.

I'd like to pass on something to her that I learned nine years ago. I reunited with my high school sweetheart after thirty years. At the time my mistress and bride were my job. Seven days a week, twenty-four hours a day. I'm not kidding. Even though two my grown children lived in the area, I worked too much to see them. When I started seeing Debbie again, a major change happened when I learned a valuable lesson: Instead of living to work, I worked to live. I am so glad I woke up. If not, I would have missed the greatest love of my life for seven months later her breast cancer returned. Enough about me.

Overall it's a quick easy read.

Who will like this? If you're a fan of Fox and Friends-definitely. If you're looking for a story that will put a smile on your face, yes.

One other note, Ainsley should check out the book, "The Shift" by Maryanne Connor. They have a lot in common.

Megan says

PG: Despite an entire southern culture with debutantes and country clubs that I cannot relate to, I did enjoy reading how Ainsley pursued her career path while building a foundation on her relationship with the Lord.

April Teesdale says

My Rating: 5 Stars

Publisher: Harper Collins

Narrator: Ainsley Earhardt

Length: 6 hours Unabridged

Genre: Nonfiction, Spiritual

I truly enjoyed this book. I really connected to Ainsley throughout this book. When she became a Christian, a TRUE Christian, I believe that many people go through the same thing. I grew up in a Christian home, going to church on Sunday, Sunday night, Wednesday night prayer meeting and another time such as choir practice, drama, and many other activities. The point is when you grow up in a Christian home and surrounded by Christians you can feel and believe that since you are engulfed in Christianity, you believe that you are a Christian. In reality, there is action to take and changes to make in your life as well as making

God "Lord" of your life.

I enjoyed reading about Ainsley's life, and how her dad would leave her scriptures to read. Many things that happened to her as a kid happened to me. I felt such a connection to her and changes she made and even things that happened to her. It was wonderful reading about how she handled things with prayer first, and how she would pray for God's help. I can relate to her story about letting go and giving her problems to God and how he blessed her.

I have been through things in my life where I had to let go, and pray, "God, you know what I need better than I do, I am going to stop worrying over this and give it to you." In the end, things worked out better than I could have dreamed it up and I had nothing to do with it, God got all the glory.

Thank you Ainsley Earhardt for writing this book.

Laurie says

I found the story of Ainsley really inspirational. The way she held on to her faith through some very difficult times and always gave praise to God! Really enjoyed this book and would highly recommend to anyone who wants to read an up lifting book about a hard working woman who followed the path that God set for her instead of following her own.

Rebecca says

3.5 stars

"My mother taught me the power of hard work and determination My father taught me confidence, which allowed me to follow my dreams and never be afraid of rejection."

"At a weekend that was supposed to be one of the biggest frat parties ever, my life changed forever because of Jesus. I love Him so much for what He has done for me."

"All of God's children will have trouble in this fallen world. But then Jesus gave one of the most precious promises in all the Bible. 'But take heart, I have overcome the world.'"

Family, faith, and hope in the future; Ainsley Earhardt candidly shares her life story within the pages of this inspiring memoir.

Karen says

This book is a very light and fluffy narrative of a woman's life thus far. She is a hard working woman, no doubt, but never encounters any real hardships or difficulties. At least none of which all of us have not gone through at one time or another. I found it interesting, but only in the manner that I find the tabloids interesting. Following the stars has always been a guilty pleasure of mine. Having said that I do believe her up beat attitude and goodness of heart made for a pleasurable and uplifting read.

Dawn says

Nice testimonial autobiography from someone I hope will have deeper things to say when another twenty years or so have passed.

Rebecca says

I normally don't read books like this, but for some reason just had to pick it up and read it immediately. I am very happy that I did. I really didn't know much about AE before reading this book, but was more interested in how her faith has played a role in her life.

I absolutely loved this book! Yes, it appears as though she lived a relatively (dare I say) easy early life, with no financial problems etc. but, she only came across as gracious and thankful for everything in her life. Her life was not without hardships and she seemed to handle them with grace that I'm not sure I could have found myself.

Definitely worth the read. I loved it!
