



101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward

Linda Curran Bcpc Lpc Cacd Ccdpd

[Download now](#)

[Read Online](#) ➔

101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward

Linda Curran Bcpc Lpc Cacd Ccdpd

101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward Linda Curran Bcpc Lpc Cacd Ccdpd

This is the workbook that all mental health professionals wish they had at the beginning of their careers. Containing over 100 approaches to effectively deal with trauma, this workbook pulls together a wide array of treatments into one concise resource. Equally useful in both group and individual settings, these interventions will provide hope and healing for the client, as well as expand and solidify the professional's expertise.

Tools and techniques drawn from the most effective trauma modalities:

- * Art Therapy
- * CBT
- * DBT
- ** EFT
- * EMDR
- * Energy Psychology
- * Focusing
- * Gestalt Therapy
- * Guided Imagery
- * Mindfulness
- * Psychodrama
- * Sensorimotor Psychology
- * Somatic Experiencing and Movement Therapies

101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward Details

Date : Published August 1st 2015 by PESI Publishing & Media

ISBN :

Author : Linda Curran Bcpc Lpc Cacd Ccdpd

Format : Kindle Edition 248 pages

Genre : Psychology

 [Download 101 Trauma-Informed Interventions: Activities, Exercise ...pdf](#)

 [Read Online 101 Trauma-Informed Interventions: Activities, Exerci ...pdf](#)

Download and Read Free Online 101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward Linda Curran Bcpc Lpc Cacd Ccdpd

From Reader Review 101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward for online ebook

101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read 101 Trauma-Informed Interventions: Activities, Exercises and Assignments to Move the Client and Therapy Forward Linda Curran Bcpc Lpc Cacd Ccdpd books to read online.