



Your Child's Self-Esteem: Step-by-Step Guidelines for Raising Responsible, Productive, Happy Children

Dorothy Corkille Briggs

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Step-by step guidelines for raising responsible, productive, happy children. Self-image is your child's most important characteristic. *How* to help create strong feelings of self-worth is the central challenge for every parent and teacher. The formula for *how* is spelled out in *Your Child's Self-Esteem*.

A member of Phi Beta Kappa and other honoraries, Dorothy Corkille Briggs has worked as a teacher of both children and adults; dean of girls; school psychologist; and marriage, family and child counselor during the last twenty-five years. Since 1958 she has taught parent-education courses and training in communication and resolution of conflicts.

Your Child's Self-Esteem: Step-by-Step Guidelines for Raising Responsible, Productive, Happy Children Details

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Candice says

This book offers incredible insight and advice, however I had to stop reading when I got to page 150ish, when the author tells parents to immediately let their doctor know if a child expresses homosexual tendencies. This reminded me of the date this was written, and that I could no longer tell which advice of hers was valid.

Catherine says

the only "How to Raise Your Child" book I ever found invaluable.

adri patamoma says

Este livro é fantástico pra quem quer criar crianças saudáveis (física e emocionalmente) e felizes. Super recomendo! O melhor é que ele fala das várias fases do amadurecimento emocional do ser humano, explorando o nosso desenvolvimento e as nossas relações. Adorei.

Kimmer says

I loved this book. It was given to me when I was pregnant with the twins, by a friend who raised 2 amazing children...one who had Downs Syndrome. I've read it several times and love the message of the book.

Anette says

Rigtig god bog, men lidt kedelig. Man skal virkelig ville den for indholdets skyld, og fordi man har besluttet sig for at lære noget – den læser bestemt ikke sig selv. Den kunne med fordel være peppet op i sproget, have bedre og mere vedkommende cases eller have bare antydningen af humor.

Kan godt genlæses nogle år efter første læsning, da man til den tid har fået nye erfaringer at bygge på og derved vil forstå nogle af afsnittene i bogen bedre.

Alfredo Prado says

The kind of book I wish I have a time machine so I could go back in time and give a copy to my grandparents...

Although to me some chapters are a bit dated it's definitely a great guide with practical knowledge. This book is the Spanish translation to "Your Child's Self-Esteem: Step-by-Step Guidelines for Raising Responsible, Productive, Happy Children"

Gabriel says

As with any book of this nature, one must maintain a very critical attitude. There are some really valuable ideas here, but the majority of the book is not worthwhile. The first two parts of the book are excellent. There are great ideas on how to help your child's self-esteem and how to make sure your child knows that you love him or her. The next 5 sections are barely worthwhile. Much of the psychology is extremely out of date (the book was written in 1975). I think the major ideas of these later sections are sound, but the supporting examples, evidence, and suggestions are often erroneous. I would certainly suggest this book to any parent or parent-to-be who is willing to read it with a very critical eye.

Faith Freewoman says

The proof is in the pudding.

When my daughter Julia was 7 years old, I was told by teachers, principal, counselors and social workers that I could never expect her to read above 3rd grade level, and must be prepared to support her all her life.

They also noted, as an aside, that she was remarkably well adjusted for someone with her multiple and complex learning disabilities.

Julia is more than 30 now, graduated cum laude with a B.S., did an internship at Stanford, and is now in a masters degree program.

The strong sense of self, of her innate value, which counselors noted even when her future as an independent adult looked completely out of the question, I credit to the fact that I read this book while Julia was still tumbling around in amniotic fluid.

After I read Your Child's Self Esteem, my primary goal for her was to be sure she had a strong sense of her self and her innate value as a human being--a goal solely and entirely inspired by this book!

Because her self esteem was strong, my daughter attacked the challenges of her life with confidence and implacable determination, and won.

She has become a cheerful, unique, self-referring and self-reliant adult, and I credit her success to two things: the ideas I got from this book, and my daughter's on powerful will and determination, fueled by the confidence Your Child's Self Esteem gave this parent!

While Ms. Briggs, writing back in the 70's, was uninformed and far from politically correct in her discussion of homosexuality (page 144, mentioned in other reviews--I've actually forgotten what was said), I think we're

all adult enough to take what she says, remember when she said it, and filter those ideas through our own value systems to make correct choices.

That's a lot of what her book is about, after all!

Kelly says

I loved so many of the ideas in this book. The main idea is to help your child feel that they are lovable/worthwhile just because they exist -- that love/worth is not contingent on behavior (good or bad), actions, etc. She stresses allowing your child to have valid thoughts, emotions, feelings, and supporting those things. I had to get it back to the library so I skipped the part about the adolescent years. The only thing I didn't like were her views on sexuality and self esteem. Other than that, I loved it!

Sue Kozlowski says

This book was recommended by a friend and it has been very helpful with my relationship with my daughter. There is a picture of a baby on the cover but don't let that deter you- the book covers birth to adolescent.

The reason I didn't give it 5 stars is that I didn't really like the 2nd part of the book. Like other reviewers said, it has very dated views on homosexuality and sex in general.

The first 1/2 of the book really made me change the way I look at my kids. I always thought I had an open mind and encouraged them to be themselves. But this book made me realize that sub-consciously, I was imparting MY views and interests on them. Accepting my daughter for who she is and what she wants has improved our relationship 100% and has also increased her confidence.

Meghan says

I love this book. I think they should send parents home with a copy when they leave the hospital with their newborns instead of a pack of Enfamil. This book really opened my eyes to things I didn't think were that important, but can make a huge difference in your child in the long run. I thought I was already a good parent, but everyone could use a little improvement. I'm glad I was recommended this book because it is so helpful! This is my #1 go-to book when I need guidance on discipline and other parenting issues.

Micasart says

I have read this particular book three times and feel it is MOSTLY relative to children, but seemed to point out several things in myself that I wanted to work on.

I have a copy of this book to lend.

Rachel says

I thought the main points of the book were pertinent, and there was a lot of good advice on building self esteem. Particularly helpful sections talked about the things parents do to show love, and how some do, and some do not correspond with whether a child feels loved. It is a very practical book, and I liked that a lot. Many parts rang true both as the parent I am now, and from what I remember from being a child. I really liked the advice on what to do when children are upset or angry, and pointing out that parents rarely act towards upset children the way we would want others to treat us when we're upset, for example.

However, there were some sections that were problematic for me, and seemed particularly out of date. Also, it seemed to me that the author thought that the character and behavior of children depended almost entirely on their upbringing. Though parenting is important (I think it's the most important work there is), I think it's also important to recognize that children bring a lot with them into the world that has very little to do with upbringing. Recognizing both of these factors leads to, I think, a more natural and reasonable way of parenting than emphasizing one and virtually ignoring the other.

Corinne says

While some of the information is dated, some of the timeless ideas--of treating others and oneself with respect, primarily--are essential to helping foster independent, confident, capable development. Useful for both parents and teachers. Really found it helpful, and earmarked several pages to review! I also feel compelled to point out that this book pegged "growth mindset" before it was cool.

Terri says

I liked this book. Takes a while to "work" your way through it because you are really "working" as you read...discovering ways you do things and about yourself and understanding things you can change and improve on. I'd recommend it. I'll also keep it to re-read I'm sure.

Robin says

Half of this book was interesting and a well written explanation of how self-esteem in children can be built and how important it is. The other half was full of dated views on women/girl's abilities and homophobic ideas relating to sexual identity.

Lynda says

This book was required reading for a parenting class we had to take when my kids were in co-op preschool. I found it very helpful then as we studied it, and then applied its principles at that time when my kids were at

the preschool. As they grew up, I periodically re-read the parts pertinent to their current age. My kids are now grown and married, and have turned out quite well (not just my opinion as their mom, but by many others). After all these years, it still generally has great advice.

Emma Weine says

Hands down the best "parenting" book of its kind. Child-Psychology demystified. Absolutely invaluable and should be read by every parent, parent-to-be, and by anyone who wants to know what goes on in a child's mind and why. Once read, you will never look at, or talk to kids the same way again. You will respect them, understand them, see the world and things in it from their point of view and just generally 'get' them more than you ever did before. It shows how you can help your child to have healthy mind. It teaches the importance of high self-esteem and how having it will effect your child in the best possible ways, now and into adulthood. It's offered me an insight into the minds of my kids and strengthened my bond with them. It would be truly awesome indeed if our kids' teachers would ALL read this; it should be part of their curriculum; It should be required reading in their degrees. Babies don't come with a handbook, but if they handed this out at the door of the maternity ward I'm convinced the world would be a better place.

Jodi says

I appreciated how the author explained how self-esteem develops and how as parents we are capable of providing the right atmosphere to help our children develop high self-esteem. Her examples while sometimes pat are very helpful in illustrating both the do's and don'ts. She has a checklist at the end that I made a copy of to remind myself of things I need to work on improving with my kids.

Holly Harris says

This book is a great one to read for any parent. It helps you understand different developmental stages your child goes through -thus giving you tools to help you and them get through those stages smoothly. SAVED MY LIFE WITH A TWO YEAR OLD!
