



The Yalom Reader: Selections From The Work Of A Master Therapist And Storyteller

Irvin D. Yalom, Ben Yalom

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In both his nonfiction and his fiction, Yalom uses the lens of psychotherapy to explore human nature and shows us that the line between the true and the imagined is not always easy to distinguish. What has driven Dr. Yalom from the beginning of his career is a powerful interest in narrative and it is this passion that ties these selections together. It is possible to come to *The Yalom Reader* from many different perspectives and be richly rewarded. Readers of Dr. Yalom's clinical texts will be intrigued by the fictional entries; general readers will gain a greater understanding of and appreciation for the practice of psychotherapy. All will find the mark of a master. Dr. Yalom has written an introductory essay for the *Reader*, section introductions and three new essays on narrative.

The Yalom Reader: Selections From The Work Of A Master Therapist And Storyteller Details

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From Reader Review The Yalom Reader: Selections From The Work Of A Master Therapist And Storyteller for online ebook

Sarah says

as per usual a great insight into the world's most famous psychotherapist

Paul Finch says

After encouragement from friends, Rocky Cole, and Renee Obrien, I finally picked this book of Dr. Irvin Yalom to read first. I had read his books on group therapy and inpatient group therapy back in the early 1980s while in my training as a therapist, looked at his book on existential psychotherapy, but never read it. And although I saw over the years his collections of stories of patients and even novels, it took my friends encouragement to get me interested enough to begin reading his work. I chose the Yalom Reader because it has selections from a lot of his works, to get an overview of what would be of interest to me. So I did get to read from his fictional novels, stories about patients, his textbook on existential therapy, and even review his work on group therapy (and therapy in general). So it was my introduction to his work as a writer. Now I did like his "literary" writings much better than his "textbook" teaching writings. I think he, like a lot of existentialists, could benefit not from more therapy, but from reading Colin Wilson's take on existentialism, or some of the positive psychology literature as a balance to their focus on dark side of humans--anxiety, psychopathology interpreted classically or existentially, etc. So now I have ordered his other "literary" writings and look forward to the tales. The intros to these were easy reads, the textbook-y parts were chores--though nice reviews I kept wishing I'd be done. Don't know why these parts were so many pages and the tales were so short and quick. Anyway... I like Dr. Yalom just as I liked his group teachings when I was a young therapist in training 25 years ago. Thanks, and thanks Rocky and Renee for getting me to finally get to it.

Lisa says

More textbook than his other stuff but still found some nuggets.

Jasperlewis says

I don't know how interested in this book you will be if you aren't studying therapy, but if you are, it's a must read!

Copenhagen Reader says

IT does what it says - expert and very readable book from a master psychotherapist.

Ray says

I give this five stars because this book made me want to read everything that he has written fiction and non-fiction. I think he must be an awesome therapist. I'd love to attend one of his (now) infrequent lectures or just meet him to chat.

Azraa says

Kaya Prpic says

a journey rich in both theory and imagination ... with many stops for reflection

Abbas Madani says

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Jose says

As good as it gets, therapeutically and clinically that is