



You Can't Make This Stuff Up: Life Changing Lessons from Heaven

Theresa Caputo

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For fans of TLC's *Long Island Medium* and anyone interested in the big questions of life, death, and finding out what's important in between, *New York Times* bestselling author and medium Theresa Caputo shares the insights and lessons she's learned through her exceptional gift of communicating with the dead.

In her first book, *There's More to Life Than This*, Theresa shared how she discovered her gift and her many encounters with Spirit. Now, in *You Can't Make This Stuff Up*, Theresa imparts the life-changing wisdom she's received from Spirit and client readings.

Each chapter incorporates a powerful lesson that is made real by Theresa's witty and wise insights. She shares moving client stories and fascinating behind-the-scenes tales from her life and hit reality show to help people find peace and closure and to better understand the spiritual world. With lessons revolving around themes such as choice, faith, fear, gratitude, healing, surrender, relationships, compassion, and living each day to the fullest, the book also includes information from Theresa about spiritual concepts like Angels, Heaven, signs, miracles, intuition, dreams, and God.

These compelling and healing messages will guide readers toward happier lives by focusing on what really matters to their souls.

You Can't Make This Stuff Up: Life Changing Lessons from Heaven Details

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Tanya DeVries says

I am very interested in paranormal - mediums. Lost me at God, Saints and Angels subjects, all those Catholic beliefs. I feel like I could have bought a better book for 12 dollars. Oh well. This should be considered fiction.

Suzanne says

I enjoyed this book but not as much as her first. There were lots of great life lessons but less examples from her readings than I was expecting. I really enjoyed the information on signs though. You can really hear her voice and wit throughout which makes it more enjoyable.

Elianna Tirado says

Beautiful

Beautifully written and amazingly inspirational. Great words of advice for anyone in need of spiritual guidance, reassurance and growth. Theresa never fails to help anyone through her words.

Elaine says

I just love Theresa Caputo! In her first book she wrote about her gift of speaking to the dead, and in this book she gives us life lessons from Spirit. It is a fun and inspiring read, with many suggestions for how you should live better through faith even in the tough times.

Christina Scalise says

Great life advice, inspirational stories ...and she answers a lot of commonly asked questions.

Theresa Caputo shares amazing stories and life lessons we can ALL benefit from. Even if you are a non-believer, you can still learn sooo much from this book. Theresa incorporates her sense of humor into everything she does so I was happy to see that she also talked about it in Chapter 4 – “Laughter is no Joke”. Humor is something we could all use a little more of these days. And, as an author myself, I also try to incorporate it into everything I write.

I also loved the way the co-writer, Kristina Grish added in her experiences and what she learned while writing this book. It's the grand finale to yet another great book from Theresa Caputo. Great job ladies!

Highly recommend!

Holly Senecal says

It is amazing how certain books have always been put in my path at the "right" time. I bought this and one of her other books at the same time. The first one I sped through and couldn't put down! This one I found myself going back, reading passages over again and sharing them with friends and family. It is a beautifully written book with faith and family on every page. I enjoyed the peeks into the professional side of Theresa's life but also appreciated the fact that she isn't afraid to speak her faith. She makes it a part of everything she does while at the same time having a sense of humor about her unusual gift.

I have said it before and I will say it again: I would love to sit and talk to her. Not for a reading (although if Spirit comes through...)but just having a glass of lemonade on my porch with one of the funniest most down to earth authors I have ever read.

Angie Jacobs says

Didn't like it as much as I had hoped but was still good. Still want to know a lot more about how Theresa came to grips with her gift but maybe I should read her previous book. I enjoyed the good and consistent (with other philosophies) messages delivered by Theresa but I guess maybe felt a little preachy after awhile, like a self-help book. Of course I loved the tidbits about how things work on the other side, but was hoping for more of that content.

Laurie says

Theresa Caputo's voice and personality come shining through in this book. However, I felt as though this was just a transcribed casual conversation that Theresa might have had with someone, not really a deep analytical presentation as a book. It was difficult for me to follow all of what was presented because she frequently stated "as you remember from the first book". Unfortunately I haven't read the first book. So I would recommend that you read the first book before reading this one. I think that Theresa has her heart in the right place helping all of these people. I just can't agree with all of her concepts of the spiritual side of things.

Amy says

Better than I expected, though I've really enjoyed her TV show. This book has lots of wisdom and inspiration. Good to pick up anytime one needs a lift. I rented it at the library, but plan on buying a copy to keep on my shelf.

Janell says

I love Theresa and her show - never miss an episode. I also loved her first book because it was filled with her experiences and readings. I was anticipating this book would have more spirit encounters in it than it did; really, this book felt more "preachy" to me. I guess I wasn't expecting that, so I was disappointed in the structure of the book.

Valerie Bowman says

I didn't enjoy this one quite as much as her last book. I found this a bit dense and difficult to follow (could only read it in small chunks) but I did enjoy it and found it thought-provoking. I may need to re-read this one to really let it sink in.

Susan Dunn says

Meh. Kind of preachy. I just wanted stories about communicating with the dead.

TL says

Aah, Theresa.. I love ya :) Your shows and stories never fail to make laugh/cry. It's very inspiring to see your messages help so many people. My mom and I send you lots of love and hugs :).

If I'd read this in hardcover format, I might have read it faster but I got more of my experience I think hearing it in Theresa's voice... it was as if we were just sitting down with her and she's just talking to ya while your sitting there with cup of hot cocoa/coffee/orange juice or whatever, soaking it all in :)

While I enjoyed this book, I didn't LOVE it... not as much as her other one. Some of the lessons hit close to home to me and made me think and released a tension/some burden off my shoulders, knowing there's a bigger plan (even though I may not like how it goes about)... I'm still actually thinking about a couple things, it may take me awhile before I can feel ready for one of the lessons mentioned but I feel a sort of calm in a way about it.. if you know what I mean.

Where was I? Oh yeah... The format of the book is a good idea, going through each lesson and discussing it, there's some stories sprinkled in between of a few of Theresa's friends and readings like before, but while they are powerful stories... I dunno, I just wasn't AS invested in the book as I thought I would be. Nothing to with Theresa, just.. not as moved by it I guess?

The afterword by her co-author was very moving and she seems like a nice person, little awkward in her narration but how many of us would be comfortable reading for an audiobook or part of one at first really?

It's a wonderful book all in all though, take a chance on it I say :)

Happy reading!

Dennis Martin says

Started reading this book with no expectations. While it will not rate as classic literature, I found it interesting and insightful. There are a lot of life lessons to be learned and many are documented here. Even if you don't believe in Mediums, I think you will enjoy this book.

Robandbecky Thomas-sherrid says

Life changing lessons from heaven. Beautifully written with the obvious good intentions of helping people navigate through their own life lessons. Simple truths with the foundation of God. I loved how she differentiated God from religion. God being the one and only creator and religion being a set of principles and practices created to serve and worship God. Really got a lot out of this book. :)
