



None of These Diseases

S.I. McMillen

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Extraordinary medical benefits are available to those who follow the Bible's teachings. The authors deal with stress, sex, anger, circumcision, tobacco, and more.' to 'With over one million copies sold, None of These Diseases has become a classic. Recently revised and updated, the book takes the current generation back to the Bible for medical lifestyle prescriptions. Now, for the first time, the book is available in audio version. Read by coauthor Dr. David Stern, both a physician and clergyman, the cassettes promise to be a great pass-along ministry.

None of These Diseases Details

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Author : S.I. McMillen

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Uhura says

This book was required reading for my Microbiology 206 class, but it was surprisingly good and very interesting.

Sharon Scruton says

Very informative and interesting. Was a college read.

Michael David says

Medicine is highly developed nowadays. With its rapid technological advancements, one would think that books such as these would no longer be effective. Dr. McMillen, however, uses sound, solid, and most importantly, timeless advice toward people with strong research backing him up. This advice is steeped in the Bible. Unsurprisingly, the book aged well.

I was already impressed, even at the book's beginning, because he alluded to the competence of Leviticus. I once thought that it was a novel idea from myself: it turns out that Dr. McMillen also noted that Leviticus is the earliest treatise on epidemiology, and he made that conclusion twenty years before I was born.

I'm probably an old soul, because I agree with the author's insight regarding sex. He wrote:

[A] Successful marriage and sexual adjustment are based more on gradually established confidence, liking, and mutual respect rather than on any premarital trial and error process.

In addition, I also agree with the author regarding punitive discipline toward the child. Finally, Chapter 24 is brilliant in that it is as sobering as it is instructive. Romans 12:3 perfectly encapsulates the entire chapter, and it states:

Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you.

The book isn't a literary masterpiece, but it's a great reminder that medicine can't solve all of the world's problems. It can't even solve all of mine. There's always prayer and faith for the problems that, to us, are otherworldly.

Julia says

This book promises that the Bible is 4000 years ahead of science. He's right in some sense because God instructs His people to stay clean and wash themselves around sick people long before germ theory was a thing but every other argument McMillen makes is not grounded in truth and is deceptive. I felt the focus of the book should have been on the instructions that God gave the Israelites, but he spent too much time making weak arguments to support his own opinions rather than looking directly at scripture. I'll give the author the benefit of the doubt because this book was written in the 60s but it was incredibly frustrating to read his chapters on mental illness. He tries to offer Christianity as a cure all and while in a sense this is true, he is offering a false hope. While Christ can and will heal people, these diseases are not caused by a lack of faith alone where prayer and more bible study will fix it. There's real physical stuff going on in people's minds and bodies.

He also makes a few comments throughout the book that seem to contradict the Bible. For example, he calls the unnecessary parts of the body (in his chapter on circumcision) a "fault" which conflicts with the verses on God's perfection.

Ron says

I have read this book several times over the years. It provides a different perspective in regard to the laws and ordinances in the Pentateuch.

Daniel says

The first few chapters are on Biblical behavior: sanitation, sewer, washing, healthy eating, avoid smoke and alcohol and avoid fornication. The remainder of the book is on psychosomatics: love, forgiveness, confession, faith, patience, maturity and so on. This is not a book on dietary law or any other examination of Biblical particulars.

Written in a simple conversational non-scholarly style.

Vegetarian says

I recall reading this around 1964 or 1965 - powerful arguments for preventing MOST of what ails most human beings, with textual references for quite a few of them spelling out that general idea.

Rebecka says

It's encourageing when you finish each chapter, but each chapter starts off with an explanation of the disease and how it effects people (which made me sad), but then he goes into bible principles and promises. It's when you get to the promises that it gets encourageing. Totally not a quick read. But if someone wants to know how bible comands and promises effect health, this is a good book for that.

Guguk says

Penyampaiannya sederhana, mudah dipahami, dan pas baca serasa...*"Aaaa?! Ternyata begitu~?"* dan...*"Eh iya yah, bener juga!"*

Tinggal 'mraktekinnya ini... (((>..<))) Fight!

Lily says

Provides evidence that proofs there's wisdom in the scriptures

Stephanie Blake says

I read this book many years ago. The author was a Christian doctor who understood the implications of the spiritual upon the physical. It is a great book.

Misti says

This book was loaned to me by an older lady in my Balance of Body and Soul church group.

The chapters begin with modern diseases such as adrenal fatigue, high blood pressure, cervical cancer and talk about the devastating symptoms that result from having these illnesses. Then the author shows how these illnesses could possibly be avoided by following God's commandments in Scripture.

From sanitation to sexual purity, from anger to worry, the author shows how God's ways can actually prolong your health when you walk in obedience.

Robert Gilbert says

I only give five stars to books I wish I could pass on. This is one of those books both I and my wife have read and would like our kids to read as well. Interestingly enough, the information is still so relevant that, fifty years later, its latest edition is still selling on Amazon.com. There aren't many other self-help books out there that can boast the same.

The beginning of this book gives clear examples of the uncanny effectiveness of some of Moses' laws at avoiding diseases and other catastrophes that abounded in the ancient world. The author gives a strong case for both behavioral and physical modification as dictated by Divine revelation to the authors of the Bible. The book then moves into chapters on avoiding stress, social disorders, and the struggle with our sinful nature within us—all given with a physician's insight and a dose of scripture.

Steve Coscia says

Interesting medical correlation to God's Old Testament laws.

Janelle says

I haven't read this since I was a teenager, so my rating reflects more of a general response than an exact opinion. It did make an impression on me at the time, but I can't remember more than a few details now.
