



OM: A Tantric Sex Cult Odyssey

Jeff Nichols

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This novella (loosely based on a true story) is about a man in his forties who, by his own admission, is a poor lover, and, like most of us, insecure. He joins a tantric sex organization - which may or may not be a cult - in an attempt to learn how to satisfy women in general, and one in particular. Two friends of his join up with him. Their goal is to immerse themselves in this controversial program and emerge as "master strokers," experts at getting women not just to climax but to have massive orgasms—by using only their fingertip! OM (Orgasmic Meditation), is ready for them, luring them with intriguing ideas like "nesting" with half naked women. But are they ready for OM? During a journey which includes workshops, a road-trip and a retreat, our protagonist battles with his sexual limitations and his demons (such as jealousy). During this often hilarious adventure, larger issues are explored such as the impact that pornography is having on how people think about sex. Also, how sex, more than ever, is about "the man doing his thing and the woman playing along." When considering this, maybe a sex cult designed to flip the Western paradigm on its head, is not such a bad thing after all. You decide.

OM: A Tantric Sex Cult Odyssey Details

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From Reader Review OM: A Tantric Sex Cult Odyssey for online ebook

Glenn says

Some typos and a repetitive style that seemed sloppy/lazy not intentional turned me off. There's some very funny parts and the author was nice enough to send me a copy, so I'll get back to it some day.

Lorne Newman says

Such a good read. I was concerned how graphic it could be but was not offended at all. Jeff Nichols is one funny mother f'er and this was a great read.

Skip says

I really enjoyed this little book! A very funny adventure about a writer who tries to understand the "enlightened" world of Tantric sex through an off the wall set of workshops that teach males how to honor the vagina. It is a light read that one can finish in an evening and have a few good laughs. Highly recommended!

Jasmine Holloman says

I won this book on the Goodreads giveaway & I can't wait to receive this book in the mail and start reading!

April 18:

Once I got through the explicit language, I actually started to enjoy this book and the thoughts of Jeff as he explored this sex cult. The story-line became very intriguing and such a cliff-hanger at the end. I was not expecting him and Laura to get eloped! I hope there is a sequel. If there is I hope their is better editing because that made me deduct the book some stars.

Patty says

This book is pretty funny, if you can get past how sloppily it's written. The author confesses in the acknowledgments that his editor had to do a shit-ton of work to make the book readable. I can't imagine what it was like before the editor got his hands on it. There are missing quotation marks, letters capitalized for no reason... it's like no one proofread it before it went to the printer.

That said, Jeff Nichols is funny and observant, and approaches the OM topic with an open mind. This book is actually way better than Nicole Daedone's.

Trav S.D. says

<https://travsd.wordpress.com/2015/02/...>

Amy Garrett says

This was surprisingly better than i expected! Its not some porn laden book, more of a humorous tale of a middle aged man trying to get good at sex when Viagra gets too expensive

Vykki says

This book crack me up in my mind I can picture guys practicing this. I don't know why I find this book funny but it was a riot. I won this book on Goodreads. Thank you

Dennis Dupuis says

I received this book thru a Goodreads Giveaway. I'm sure that it is and will be a big hit with many readers, but I'm not one of them. It was a little too rough for me and pretty much rubbed me the wrong way right from the start. But, that said, so does opera, and I know people who LOVE opera.

Bob German says

I just finished reading this book I received from the Goodreads First Reads giveaway, called *Om: A Tantric Sex Cult Odyssey* by Jeff Nichols. It's listed on Amazon in the humor/satire category, I have assumed throughout the time I've been reading it that it is purely satirical.

After today's Googling, I'm not quite sure that it's truly satire. In fact, I'm starting to get the feeling that it's mostly true. The book is about a guy who gets involved, through a girlfriend, with a group that practices Orgasmic Meditation (OM), which at its core is a large room full of people where the object of the game seems to be to diddle women's vaginas with a specific finger in a highly specific manner (known as oming) for fifteen minutes at a time.

I googled, and found out that there is such a group, with chapters in most major cities, including a DC Meetup Group with 110 members and a weekly meet-up.

Not going to pass judgement one way or another. If women out there need fiddlin' and diddlin' on a purely technical level, with no emotional connection whatever, more power to 'em.

But the book's pretty damned funny, in terms of characters anyway. It's a quick read. And if you're

considering joining the meet-up groups to learn to become a diddler or to enjoy being diddled, I really believe this book will serve as a perfect introduction which might lessen the awkward embarrassment of a meet-up.

I don't think the guys get any reciprocity out of this whatsoever, other than the esteemed title of Advanced Stroker or Master Stroker (according to the book, anyway). Sorry, guys. Maybe you can put that title on your business card, although people might interpret it as something else entirely.

To that end, anyone that promotes a sexual philosophy that doesn't include male orgasm, well, I'll just have to fall back on my maleness and bow out of that one. Also, rubber gloves ain't no good for diddlin'.

Fun read, though, for sure.
