



The Garden Of Emuna

Shalom Arush, Lazer Brody (Translator)

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Emuna--faith--is the cornerstone for every Jew, and a deepening of faith opens our eyes to blessings and opportunities we never thought possible. This practical book offers insights into emuna, collected from very stories, commentaries, and teachings presented in an easily readable format. Comparing faith to a garden, this book leads the reader into the lush, fragrant world of true emuna--an existence marked by its exquisite limitlessness and a manner of living that is harmonious with God's will.

The Garden Of Emuna Details

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From Reader Review The Garden Of Emuna for online ebook

Chloe says

This is the kind of book you can read over and over again..

Craig Lewis says

Terrific book for person of any faith. Very impactful and accessible. Helps with business and professionally. One of the best books in this genre I have ever read.

Tina says

This was a fantastic book to read. I loved the simplicity of it and how it really lays out the framework that human beings never have a need to feel overwhelmed, lonely or depressed.

Jennifer Thompson-Thalasinos says

This book reminds me so much of The Power of Positive Thinking, but with a Jewish mindset. It helped put some things in perspective that I've struggled with since losing my husband in the San Bernardino terrorist attack. For all my Jewish and Messianic friends this is a must read.

erl says

Like "Clan of the Cave Bear" or "The Hobbit", I am the only person I know who didn't like this book. Although Rabbi Arush occasionally does seem to hit the nail on the head, I find much more often his assessments are trite and unrealistic. He also makes a lot of assumptions. I'm glad I read it because I gave it a shot, but overall I found it presumptuous.

Judit Gueta says

I really think you have to be in the right emotional (or spiritual) state when you read this book. I went through a challenging period of time with lots of anger and frustration that would have made me throw this book out of the window but when I calmed down this book helped me accept whatever the reasons might have been for my difficulties and its teachings hopefully armed me for whatever might come.

Stephanie Corbett says

This book is truly life changing!

Riobhcah says

Observing Halacha is wonderful, but it should lead us to the most important thing: that we believe in HaShem and thank him for being our Creator.

Joel Kleehammer says

This is truly an amazing book. It has the power and the potential to change your life and enhance your relationship the translator, Lazer Brody (who is also awesome). However, that is only if you can accept Shalom Arush's definition of emuna, or faith. Rebbe Arush is truly a gifted author and speaker. He is both very knowledgeable and very accessible. He is engaged daily in the bringing of Torah to the masses, much in the pattern of The Rebbe, Rabbi Menachem Mendel Schneerson, of Blessed Memory. Rebbe Arush has written numerous works and had them translated from Hebrew into English, Spanish, French, Russian, German, and Yiddish.

Garden of Emunah is no exception. Here is the essence of the book in three parts: 1. Basic-level emuna: This is the firm belief that everything comes from Hashem by way of perfect divine providence, even the tiniest and most seemingly insignificant event. 2. Intermediate-level emuna: In addition to flawless basic emuna, the intermediate believes that everything Hashem does is for the very best. 3. Upper-level emuna: In addition to solid basic and intermediate level emuna, the upper-level individual believes that Hashem does everything for a specific purpose, and that every one of Hashem's actions conveys a special message.

I can accept that everything is from Hashem (G-d), in the sense that He either wills it, or He at least doesn't do anything to stop it; however, I cannot believe that everything that happens in a day, from my lost sock to being late to the bus stop is part of the plan of the Almighty. So, I can tackle level one without too much trouble. I can go with level two, but I cannot believe that everything is divine and for a reason. The author does well at explaining his case, but I just don't accept it fully.

This book would work well for anyone, so long as they believe in a God (which one is irrelevant and your personal denomination does not matter). It would, however, be easier to agree with all of the points if one were Jewish, like the author, but that's just my opinion.

Alexander Lochard says

This is definitely a very powerful book. It made me realize that everything happens in life for a reason. Nothing occurs to one's life and existence out of the blue. Every little thing that happens in our lives is surely forged by our thoughts and our acts. I discovered that when my mind begins to wander off deep into thought, my thoughts can easily run lose, in all directions, eventually leaving my inner self feeling disappointment. Reading The Garden of Emuna has definitely shed a light on the source that reaches deep into my soul which

I will name it "certainty". To live one's life and existence with certainty (emuna), which for some people is faith, is the essence of being one with the One. After reading this amazing book I have become more aware of my surroundings and how I tend to be reactive. This new awareness is giving me the opportunity to actually feel physically, on my body, the signs when I slack off, with my running chattering mind. Through this new awareness I have experienced feeling calmness giving me the chance to reset and center myself. Though it is new to me I have been able to let go and have more Emuna through each day of my life in this beautiful world we all live in. I highly recommend this book which also is written in Spanish for those who prefer to read this eye opening book.

Sam says

This book came highly recommended and it's a good book. Very basic but important ideas throughout.

Toddlisa says

One of the most profound books I have ever read! It brings enlightenment in all aspects of life. This is a must read to everyone!!!!

Eliezer Schneiderman says

Trust in G-d is the difference between anxiety and serenity

Rivka Levy says

This is one of the most life-transforming books you'll ever read.

It teaches you a bunch of profound things about some of life's biggest questions, including why 'bad' things happen to 'good' people; how to keep smiling when you're going through a tough patch; and how to break out of negative thought patterns and beliefs that keep you trapped in 'self-destruct' mode.

A must-read for spiritual seekers of any background, who really want to know how the world works, and what God wants from us.

Michael Bialys says

Loved it! A must read! Will give you an entirely new perspective on life, and our relationship to G-D!
