



Longthroat Memoirs: Soups, Sex and Nigerian Taste Buds

Yemisi Aribisala

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One of the most enduring myths on the Nigerian Femme Fatale - mammy-water, 'winch' or husband-snatcher - has to do with the cooking of fish stew ... A woman can do what she likes with a man When She knows how to satisfy his appetite for food. "Long throat Memoirs presents a sumptuous menu of essays about Nigerian food, lovingly presented by the nation's top epicurean writer. As well as a mouth-watering appraisal of the cultural politics and erotics of Nigerian cuisine, it is therefore a series of love letters to the Nigerian palate. From innovations in soup, fish as aphrodisiac and the powerful seductions of the yam, Long Throat Memoirs examines the complexities, the peculiarities, the meticulousness, and the tactility of Nigerian food. Nigeria has a strong culture of oral storytelling, myth of creation, of imaginative traversing of worlds. Long Throat Memoirs collates some of Those stories into at irresistible soup-pot, overexpressed in the flawless love language of appetite and nourishment. A sensuous testament on why, When and how Nigerians eat the food they love to eat; this book is a welcome addition to the global dining table of ideas.

Longthroat Memoirs: Soups, Sex and Nigerian Taste Buds Details

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Author : Yemisi Aribisala

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From Reader Review Longthroat Memoirs: Soups, Sex and Nigerian Taste Buds for online ebook

Amyn Bawa-allah says

All i have to say is: I'm glad this book was published. And i need more books like this that praise Nigerian cuisine. It was beautiful.

Literary Everything says

Longthroat Memoirs gets top marks for originality. Yemisi identifies a “gap in the market” and sets out to discuss this gap and she does a good job of it. In the book, we read about Nigerian food and the stories behind the food. So, it’s not just a recipe book of Nigerian foods, it looks at the relationship between food and culture and also serves as a travelogue about some parts of Southern Nigeria. Read the full review <https://literaryeverything.com/2018/0...>

Shawn Mooney says

Bailed 12% of the way in. Fun and energetic but too detailed and loooong for me, especially not knowing anything about Nigerian food or most of the vegetables, spices, or other ingredients she rhapsodizes about. Might go back to it later...

Temilade Adebisi says

Yemisi Aribisala definitely knows her stuff, the journeys she has taken in this country for food are fascinating. With the result being an essay collection that is witty, informative, heartbreaking and delicious. At least, I assume it is, I am yet to try out any of her recipes (because I’m lazy) but I have my eyes on her Peppered puff puff recipe.

Read more at <https://homelandreviews.com>

Abbey says

Yemisi Aribisala clearly loves food. So do I (but I definitely don't have her talent with it!). And I love learning about food I don't know about and cultures and people I don't know about, so I enjoyed this book very much. I love the way she talks about Nigerian food; it's really fascinating.

Fatou says

To like this book you need to be a foodie who is in love with Africa. And I am happy to be one. It may also appear to people interested in exotic foods and food writing in general.

enyanyo says

Our soups are some of the best-kept secrets in the world. While the rest of the world has gone on and on about their cuisines, we have remained mute, with our mouths full of food. We love our food but we've not tried to win the world over with it.

Yemisi Aribisala's chronicling of the vastness and complexity of Nigerian cuisine is such a delectable read. You can tell the author is a foodie at heart. Longthroat Memoirs: Soups, Sex and Nigerian Taste Buds weaves together love, sex, history, recipes, spice blends, tales of market-place adventures, home cooking, street food, deep-seated tradition, and family relationships. And the pictures are gorgeous! If you're interested in West African cuisine you will very likely enjoy this.

Lindsey says

I know nothing about Nigerian culture or food but I do love food, and I love reading about food. I don't know whether Yemisi Aribisala can cook well but damn can she write. I flew through this book in a handful of days. I am, by no means, a picky eater but there are certain foods that instinctively gross me out just by virtue of being American. But Yemisi made snails sound delicious. She made okra (that hasn't been fried - I'm Southern) sound delicious. I bookmarked all of the recipes and researched the best place to find the ingredients in my area (believe it or not, I was able to find almost every ingredient she used without much trouble or without having to use substitutions). I love the age we live in where a Nigerian food writer, with whom I would never otherwise have come into contact, can have a book of her writings collected by an independent publisher, and which I can have access to. I love that connection.

I received an ARC of this book in exchange for an honest review.

Olubukola says

Aribisala writes about Nigerian ingredients and soups in the way one would a lover, a person whose tricks, tastes, and curves are as known and dear as one's own body. She showcases the dynamic, larger-than-life personality of Nigerian food and seats it on its own throne among food royalty.

In each essay, every recipe or pot of soup she talks about, she describes every detail so exquisitely that as you read, you can taste the crunchy, bursting seeds of green, fresh, perfectly made okro, and the tasty deliciousness of king prawns added just at the right minute to soup.

Long throat memoirs is more than an ode to Nigerian soups; it is a slow, sensuous undressing, a revelation of the savory goodness and bursts of pleasure that can be achieved with the right ingredients. It is also a dip in the rich ponds of Nigerian history and the diverse indigenous cultures.

And what is to be said about the writing? Read this. “I can hear how the sentence ricochets in the mind, and taste how revolutionary it is in the mouth. the words are English but they are not. I feel proud to be a Nigerian in this sense. we can acquire and own an idea, a thing or a word and invade its body like a spirit, thereby changing its face, moving the facial muscles and creating a new personality. someone confronts the face and asks, ‘Who are you again?’ And it answers, “The same person. The very same.”But it is not. We have possessed it.” She conjures up 3-dimensional images with her words, the choice, rhythm, and placement of them.

With wit, excellent anecdotes, and a dash of irreverence, Yemisi Aribisala has unveiled the true essence of Nigerian cooking.

K.J. Charles says

Some really wonderful bits of writing, and some fantastic essays. Very culturally specific and I'm not getting a lot of it because I don't know Nigerian food. I suspect it would be amazing if you do, but lyrical food descriptions generally require reader knowledge to work. My loss. If I ever get to go to Nigeria I'm bringing this.
