



Self-Improvement 101: What Every Leader Needs to Know

John C. Maxwell

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To improve your life, improve yourself.

New York Times best-selling author John C. Maxwell asserts, "Most people don't realize that successful and unsuccessful people do not differ substantially in their abilities. They vary in their desire to reach their potential. The way they reach that potential is through commitment to personal growth." *Self-Improvement 101* provides the essentials leaders need to keep striving for excellence no matter where they are or what they are doing. Some lessons you will learn from Dr. Maxwell's decades of experience:

The secret of becoming a lifelong learner
Where to focus your time for maximum growth
What sacrifices are worth making to keep getting better
How to overcome obstacles to self-improvement
The key to turning experience into wisdom
Leaders are learners.

People never reach their potential by accident.

Self-Improvement 101: What Every Leader Needs to Know Details

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From Reader Review Self-Improvement 101: What Every Leader Needs to Know for online ebook

Aaron Cash says

Fantastic Book, brief summaries of the best strategy to keep yourself becoming a better Leader.

Kris says

All of Maxwell's books have a positive growth tone. I thought this was a pretty good read. It's a bit repetitive, but drives the points home. A few good quotes to grow "Be better tomorrow than you are today." "Look for an plan teachable moments. If you look for opportunities to learn in every situation, you will become a talent-plus person and expand your talent to it's potential." "The final piece of the puzzle-living a life that benefits others-always depends upon us giving our best, not our worst. You cannot change the world by giving only leftovers or by performing with mediocrity."

Allison says

Failure is an essential component of success.

Embrace failure as an opportunity for learning.

Be willing to let go in order to keep learning (leave the comfort zone).

For everything you gain, you have to give up something. Pay the price to grow.

Growing requires change, and most people are reluctant to change. But the truth is that without change growth is impossible.

"If we don't change, we don't grow. If we don't grow, we are not really living. Growth demands a temporary surrender of security. It may mean a giving up of familiar but limiting patterns, safe but unrewarding work, values no longer believed in, relationships that have lost their meaning. As Dostoevsky puts it, 'taking a new step, uttering a new word, is what most people fear most.'"

Growth is a choice, a decision that really can make a difference in a persons life.

8 Principles that will help you develop into a person dedicated to person growth.

Choose a life of growth

Start Growing Today

Focus on Self-Development, Not Self-Fulfillment

Never Stay Satisfied With Current Accomplishments

Be a Continual Learner

Develop a Plan for Growth

Pay the Price
Find a Way to Apply What You Learn
Truths about being teachable

Nothing is Interesting if You are Not Interested
Successful People View Learning Differently from Those Who are Not Successful
Learning is Meant to be a Lifelong Pursuit
Pride is the number one hindrance to teachability.
To expand your talents you much become teachable

Learn to Listen
Understand the Learning Process
Look for and Plan Teachable Moments
Make Your Teachable Moments Count
Ask Yourself Am I Really Teachable
Am I open to other peoples ideas?
Do I listen more than I talk?
Am I open to changing my opinion based on new info
Do I readily admit when I'm wrong
Do I observe before acting on a situation?
Do I ask questions?
Am I willing to ask a question that will expose my ignorance?
Am I willing to ask for directions?
Do I act defensively when criticized, or do I listen openly for the truth?
Success is knowing your purpose in life, growing your maximum potential, and sowing seeds that benefit others.

The greater your natural ability, the greater your potential for improvement

When ever you see people who are successful in the their work, you can rest assured that they are working in their strength zone and empower them to work in it.

Ideally as we progress our notebooks become filled with notations and observations. Some people seem to leave the notebook closed most of their lives. But a few not only make a record of what they experienced; they linger over it and ponder its meaning. Reflection turns experiences into insight. Experience teaches nothing, but evaluated experience teach everything.

With each passing year, I want to make good choices that make me a better person, help me become a better leader, and make a positive impact on others. That requires a willingness to keep making trades, because for everything you gain, you have to give up something.

Stephen says

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Another in the 101 series from Maxwell.

Littlefoxreads says

The best self-improvement book I've ever read so far.

Su Bat-El says

I'm not done yet, but I love it so far. It is a very provocative book. I was just looking to improve my life a little. Now, its all I want to do. This book and its author are Godsend. I am looking forward to read even more books by John C. Maxwell!

Connie Sparks says**Very Inspiring**

JCM is one of my all time favorite leaders and authors'. After recently taking on a new role as Chair for a nonprofit organization, I felt it would be fitting to work on my leadership skills and new JCM had the perfect strategy to do so. This book is filled with relatable experiences.

Chris Munson says

"Self-Improvement 101" could have just as easily been titled "Growth 101" as the book is basically a framework around how to intentionally grow yourself - and particularly your leadership abilities. As with most of the "101" series of books, we get a condensed summary of material that has appeared in his other books (this one borrows heavily from "Failing Forward"), but it is very successful in providing you with the nuts-and-bolts required to intentionally focus your growth in the areas that will provide the best results. For me, the most valuable pieces were around the concept of sacrifice in order to grow (you must give up something in order to truly grow - you can't do everything) and the discussion around the risk of failure. Picking items to sacrifice in order to move on was a new concept for me...and probably will result in some of the most difficult decisions I'll ever make. A short and valuable read that will make you think about how you are managing your personal growth.

Thang Tran says

The Book is a classic Maxwell: self-management wisdom told with passion, wit and humor. The author emphasizes that self-improvement is a choice and life-long practice. That choice manifests from our daily vocabulary to the people we choose to surround ourselves with. It should begin with a strong foundation based on: a growth-oriented mindset rather than contentment; learning from mistakes; using time wisely; having a do-able strength-focused plan for career and self-education; asking critical questions on how to turn knowledge into action; an open-minded learning attitude. Then, to make self-improvement on-going and

fulfilling, we must learn to allocate time and energy, knowing where and what to focus on (which I find valuable for me to combat procrastination and burn-outs). I love this book for its straightforward, personal voice. The author does not shy away from discussing his past menial jobs that taught him a lot about life and living. Growth requires relentless discipline, often stripping us of comfortable habits and prolonged relaxation time. We also risk being lonely and different from the community that we used to grow up in. This part reminded me of two recent best-selling memoirs, "Hillbilly Elegy" by J.D.Vance and "Educated" by Tara Westover - inspirational stories about rural kids born into fundamentalist or troubled families but eventually broke away and built successful lives.

Like many of his leadership and management books, this book highlights communication skills (empathetic listening, seeking mentors etc.), offering generosity (the kind of leaders that develop leaders). You might want to read it and consider the author's advice, review your current life, make some changes in it, and see whether they add values. I recommend reading this concise and brilliant book in the classroom reading.

Pashew Majeed says

In our Professionalism course, for our lesson this week we had Leadership. The professor brought a guest lecturer with some 40 years of experience in leadership (wow) and he talked about his own theory of leadership which was amazing, the reason was because whatever he was saying was out of practice and real life situations, not something you read from a book which is written by someone who is a leader only in theory :) . So, for preparation i read articles and stuff, I read about the Leadership skills of Prophet Mohammad to which I found a book that I am planning to read in the more, here is the book <https://www.goodreads.com/book/show/8...> . Besides I read two of the 101 series of John C. Maxwell who is a very well-known and internationally recognized leadership expert and I got benefit from them as well. They are good resource for organizational leaders.

George Iruobe Orhewere says

It clarifies the concept of personal growth and development. Its definitely going to be a regular re-read

Donovich says

Another solid entry by John C !! Some overlap of his many other books, but that does not make the points any less valuable....at very least is a good review and reminder.

Highly recommend !

Donovan

Doug says

Typical John Maxwell book ... lots of quotes for examples and inspiration. His "101" series books are great for broad brushstroke ideas, but do not have enough depth to be of value for truly helping you with the topic.

Which I guess is understandable given the size constraint, but unfortunate.

Overall, I was mildly disappointed with this book, because most of what he writes about is covered in some of his other books. That makes this book somewhat redundant if you are an avid reader of Mr. Maxwell's books.

If, however, you are not an ardent follower and you are looking for a book that can give you some thought provoking suggestions for self-improvement, I would recommend this book, or any of his "101" books, as a good starter.

Hansel says

I like this little book of self-improvement. Despite the size that can fit into your purse, it contained a lot of useful insight. Clear enough to be practiced daily.

Recommended even for the veteran of self-improvement. It is a good book to remind yourself of all you have learned about.

Hebah says

Generic advice punctuated by extraneous name-dropping and quotations and moments of unnecessary churchiness (which I get is part of his schtick - my low rating reflects the generic nature of the text, not my own personal quibble with that latter bit).
