



## Andrea and the 5-Day Challenge

*Cindy K. Green*

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Dear Lord,

I need Your help and sooner would be better than later. Wouldn't you know it, just as soon as I decide to attempt the 5-Day Bible Study Challenge, my parents start heaping on loads of pressure to get me into Julliard. My friend Amy isn't any better, urging me to ask Luke Ryan to homecoming. As if the cute, transfer jock would actually go out with me. I mean, we're kinda friends, and I've enjoyed our Geometry study sessions, but in case Amy hasn't noticed, I'm the invisible one at Aubrey Christian Academy, and I like it that way. On top of that, I have a feeling Luke's concealing something behind those chocolate-brown eyes of his. I know I can be self-centered and a bit melodramatic, but I really do want to seek Your will for my life. Then maybe I'll even figure out which direction points up.

Sincerely, Andrea Jamison  
High School Junior  
Change-o-phobic & complete neurotic

## **Andrea and the 5-Day Challenge Details**

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Author : Cindy K. Green

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## **From Reader Review Andrea and the 5-Day Challenge for online ebook**

### **Rebekah Millet says**

This was a delightful YA contemporary book. Andrea's wishy-washy angst and the close bond with her friends was like traveling back to high school. It's so nice to see YA Christian fiction.

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### **Marianne Evans says**

I think what I enjoyed most about Andrea and the 5-Day Challenge is that she reminds me of me when I was a teen—quirky but hopeful. Andrea's life is a roller coaster, overwhelming at times—but she paves her way through challenges and doubts by leaning on her friends, her faith and a wonderful young man who sweeps into her life. With humor and heart, Cindy K Green puts right in the middle of Andrea's world, which is a treat. I love finding great YA books like this one that are geared toward Christians. Can't wait for what comes next at Aubrey Christian Academy.

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### **Megan Bising says**

Megan's Thoughts:

The main reason I tried this story is because the excerpt on Amazon made me laugh—which is a big achievement. So I downloaded the novel with no real expectations other than I hoped it would be good enough to finish.

Long story short: It was!!!

Swept up into Andrea's life, I laughed at a teenage girl's humor (even though she doesn't realize she's funny), cringed at random daily life in high school, and shared sympathy as she struggles out of her comfort zone.

I totally loved the budding relationship between Andrea and Luke. Cute to watch as they both tackle their insecurities. They kept me anxious to see how it'd all end.

Every girls' name in Andrea's circle started with the letter "A". Originally, I thought this would be an issue throughout the book. I pictured myself struggling to figure out what A-name goes with which girl, but the author captured descriptive personalities, backgrounds, and quirks, making it effortless to associate names with each friend.

The interactions between Andrea and her parents were written in a way to view both sides of the story, showing that parents are in fact—humans. ? They can be wise and yet aren't perfect either. However, I did think it odd for her mom to call her "daughter" during their conversations...?

The faith element weaved throughout the story well. Mostly found in the journaling sections, or in Andrea's

thought process, which never felt out of place.

Story: 4.4 Stars

Content: Edgy-free

This and other reviews can be found at: <http://www.edgyinspirationalromance.com>

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### **Boundless Book Reviews says**

I was provided an ARC in exchange for an honest review.

I absolutely fell in love with Andrea. She reminds me so much of me. I was just like her when I was in school and even still now in some aspects. This book was an easy read and one that I think any young girl would love. I mean, I'm 25 and I really enjoyed it and so what does that say ;) I was so wrapped up in the story that I was able to sit down and read it in one sitting. I think this book and possibly future books have a great chance of becoming big and greatly loved by girls of all ages. The message it presents is very real and inspirational....Stormi

<http://www.boundlessbookreviews.com>

<https://www.facebook.com/BBReviews>

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### **Amy says**

Overall, I liked this one, cute quick read :). I'd like to read a sequel to find out what happens next...

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### **Joyful says**

I loved this YA book told in Andrea's point of view. I can relate as I grew up this way also. This is my first read by this author and I found it amazing. I highly recommend this book to teens. I was given this book for an honest review.

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### **Princess Emilia says**

To be perfectly honest, I didn't think I would like this book very much, only because I'm more of a historical fiction type of girl. But I decided to give it a try, and I'm so glad I did! I loved how the characters were so different. They each represented the different types of your "basic high schoolers" and I liked that! What I really loved about it was that it was so relatable. Reading this book was almost like reading my own diary (especially all the awkward moments). One thing that really stood out to me was when Andrea, the main character, writes this in her journal:

"In fact, maybe the problem is that I don't have enough faith in myself, or You either, Lord.

Nugget of Truth: Proverbs 2:5-6 You will understand the fear of the Lord and find the knowledge of God. For the Lord gives wisdom."

And then there's Luke Ryan! I'd love to meet a guy half as great as he is. He's like a modern day Prince Charming! All I have left to say is, you can have Mr. Darcy, I want Luke Ryan!

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### **Andrea says**

*First I want to thanks the author for providing me an ebook copy in an exchange for an honest review.*

This was soo good, fun, and such an easy read. I laughed which I love to do and I'm so glad I had the chance to read this book.

The books is told from the POV of Andrea a 16 years-old girl. This girl, even though she's insecure and dislike changes, is funny, a little stubborn but a good girl. She's always trying to do the right thing, and one thing I really liked about her is that she accepted her errors something not every teenager her age does.

I found Andrea, Amy, Angie, and Alisha's friendship amazing, they where really supportive with each other. Amy, Angie and Alisha knew when to push Andrea and when to back down. At first I confused Angie with Alisha but a couple of pages later I knew the difference between the two of them.

Luke... he was simply cute and sweet and gorgeous. It was a shame I didn't got to read a little bit more about how he was feeling at the end of the book, how he was coping with his issues and his lost.

The whole events of the book happens in 5 day. I did felt some things where a little bit rushed, like the end, but overall things where really good. I would have loved to read a little bit more about Andrea after homecoming and Andrea and Luke's relationship though.

I really recommend this book to everyone looking for a sweet, funny YA story.

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### **Whitney Anderson says**

"Andrea and the five day challenge" by Cindy K.Green is a must read for all young adult readers. The author really lets you feel like you are right there by your characters side and feel what they feel and get emotional with them as their problems and experiences unfold. And also adding Andrea doing the 5 day challenge while going through all of that emotional turmoil really completed the book. The protagonist, Andrea, helped by the A-Company will steal your hearts as they did mine. I highly recommend this book to anybody who needs a great read.

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### **Halee says**

I was sent this book to review by the author, Cindy K. Green. This is my own personal opinion.

For anyone that's been following me for any length of time, knows that I'm pretty picky when it comes to books...And to e-books! As a matter of fact, I'm not a big fan of e-books....But this book pleasantly surprised me! This YA/Contemporary/Christian book is about a girl named Andrea. Right now, her life isn't exactly going as planned and she's super stressed out. In the midst of her chaotic life, she's reading through a 5 Day Challenge and she's not sure whether or not it's working for her! Going through this spiritual and emotional journey with Andrea was like riding a crazy (good) rollercoaster full of surprises and tests. I don't have anything wrong to say about it! Seriously guys, you must check out this book!

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### Lindsey (Books for Christian Girls) says

**{Welcome to Teen Week! Every quarter we're going to try and do a Teen Week! A week where every weekday has a new review of a Christian book written just for teens! You're reading the last one of this quarter's! :) }**

About this book:

*“Dear Lord,  
I need Your help and sooner would be better than later. Wouldn't you know it, just as soon as I decide to attempt the 5-Day Bible Study Challenge, my parents start heaping on loads of pressure to get me into Julliard. My friend Amy isn't any better, urging me to ask Luke Ryan to homecoming. As if the cute, transfer jock would actually go out with me. I mean, we're kinda friends, and I've enjoyed our Geometry study sessions, but in case Amy hasn't noticed, I'm the invisible one at Aubrey Christian Academy, and I like it that way. On top of that, I have a feeling Luke's concealing something behind those chocolate-brown eyes of his. I know I can be self-centered and a bit melodramatic, but I really do want to seek Your will for my life. Then maybe I'll even figure out which direction points up.*

*Sincerely, Andrea Jamison  
High School Junior  
Change-o-phobic & complete neurotic”*

Series: Book #1 in the “Aubrey Christian Academy” series.

Spiritual Content- Prayers; Bible Study at Church; Joshua 1:9 at Chapter 1; Andrea is doing a 5 Day Bible Study Challenge (all five are written out and end with a Scripture or two); Talks about God & being courageous; Some ‘H’s are capital when referring to God and some not (most likely an editing mistake).  
\*Note: a mention of a “*h\*ll-bent cheerleader.*”.

Negative Content- Minor cussing including: a form of ‘dumb’, a ‘moron’, a ‘oh my word’, a ‘screw’, two ‘duh’s, two ‘heck’s, three ‘gosh’s, three ‘shoot’s, six ‘darn’s, six ‘oh my gosh’s, eight ‘stupid’s, and nine ‘idiot’s; Sarcasm; a Mention of kicking someone’s butt.

\*Note: a mention of an alien spaceship; Andrea says “*I'm not a fanged creature of the night, nor am I in love with one.*”.

Sexual Content- two kisses on the cheek, a not-detailed kiss and a barely-above-not-detailed kiss; Blushes, Embraces, Touches & Warmth (barely-above-not-detailed); Homecoming, dates & boyfriends are all a large part of this story; Mentions of cute boys, who-likes-who, dumping, dating and asking to homecoming; A boy is called cute, yummy, and hottie; Mentions of dates & Andrea's parents frown on the idea on dating; Stephanie wears a v-neck shirt and Andrea says/thinks that the endowment fairies had been kind to her; a Mention that a guy and Stephanie kissed and groped (*"kissing and groping"*) ; a mention of a girl who texts semi-inappropriate pictures of herself to boys; A mention of a guy who's a player; a Mention of estrogen; a Mention that the kids in ACA pledge to stay away from sexual things (which Andrea doesn't believe that any of them take seriously); Crushes & the emotions.

-Andrea Jamison, age 16  
1st person P.O.V. of Andrea  
250 pages

## Pre Teens- One Stars

## New Teens- Two Stars

## Early High School Teens- Three Stars (and a half)

## Older High School Teens- Four Stars (and a half)

My personal Rating- Four Stars

Oh my goodness! This was so cute! I really liked all the Spiritual content in “*Andrea’s 5-Day Challenge*” and I laughed a lot! The only thing I wasn’t a fan of was the Minor Cussing and the bit of romance/crushes. But truly, it all seemed believable to me. :)

This was such a great week! Thank you for joining on Teen Week!

Link to review:

<http://booksforchristiangirls.blogspot.com>

\*BFCG may (Read the review to see) recommend this book by this author. It does not mean I recommend all the books by this author.

\*I received this book for free from the Author for this honest review.

**thebookishblog says**

I was asked to read and review this book, so I wasn't quite sure what to expect. When I read the synopsis on it, it didn't really seem like something I would read, but in the end, it was much better than I thought it was going to be.

Andrea is a 16 year old girl in a Christian Academy. She plays the piano, likes to read, and diligently keeps up with her Bible Challenge. When Andrea starts to realize that Luke Ryan, the new, cute guy from California, has an interest in being more than friends, she kind of freaks out. Andrea doesn't believe that there is anyway a popular guy like Luke, would have any interest in her. When she finally starts to accept

their relationship, more things come up, and she's just doesn't know what to do. With Luke, her piano recital, and homecoming right around the corner, Andrea doesn't know if she can handle all that's on her plate.

Like I said before, this book was better than I thought it would be. I wasn't actually a huge fan of Andrea, though. I didn't like that she was always down on herself, thinking that no one would ever like her. There were some parts in the book that I was just like, "For Gosh sakes Andrea, just let the boy love you!" Haha. Seriously though, at some points Andrea kind of got on my nerves. Luke, on the other hand, is AMAZING. He's exactly the kind of girl everyone wants to have as their own, so when he starts to take an interest in Andrea, the main character, every girl reading this book went, "YES! Finally!" And every time Luke did something gentleman-like, I swooned. Haha. It's true though, Luke is perfect. You will quickly fall in love with him when you read this book, and discover that sometimes life will throw stuff at you that may seem hard, but you just have to trust God in the same way Andrea did, and things will get better.

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### **Ashley Ludwig says**

perfect YA beach read for summer, Cindy Green still has her touch as an author to weave character, plot, and message with heart. sweet story. great new series for young readers. high school setting, longing for things that are, things that could be only to discover what truly matters.

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### **Cindy Green says**

GOOD NEWS! Luke's Book is coming this Christmas!!

Hey Readers! I hope you will enjoy Andrea's story. This is Book 1 in the Aubrey Christian Academy Series. Here is a little bit about my main characters Andrea & Luke.

Andrea considers herself to be the least interesting of her group of friends. In her mind, she isn't smart like Amy or artistic like Angie or beautiful and popular like Alisha. She sees herself as that girl with the plain brown hair, size nine feet, and who doesn't participate much in school activities. She's a lot like most kids. I think the average person can relate to her. Except she does have this exceptional talent she likes to downplay. She's actually a wonderful pianist and her parents have all these designs to get her into a performing arts school so she can one day end up at a place like Julliard. In addition to that, Andrea has a sweet, caring spirit and this is something that Luke, our hero, notices right away. It sets her apart from every other girl at school in his eyes.

Then we have Luke, cute transfer student from California. Luke might be an all-star varsity baseball player, but he's not like the rest of the A-list kids. He's very down to earth and not looking for what's popular and cool. He's had to mature quickly. His family life is not the greatest. They've experienced a personal tragedy, and that's part of the reason why he latches on to Andrea early on. He sees something in her that every one else seems to miss. She has value and when they get together they just kind of have that spark.

Love to hear what the rest my readers think of Andrea & Luke!

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## **Melody says**

This was a fun little read. I blasted through it in a few hours and it held my attention all the way through. I liked the author's style of writing and related to the main character's neuroses. I really enjoyed Andrea's inner dialogue.

I would recommend this book more for the teenage readers as it was pretty predictable for someone like me with a little more distance between my current age and the world of highschool, but that said, within the first few pages I was immediately swept right back to that time in my life and I did enjoy the ride.

This would make a great summer vacation read. It trucks along pretty fluidly.

I am curious to read more from Cindy Green.

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