



## Pulse

*Liv Hayes*

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**Disclaimer: This work contains explicit sexual content, language, and delicate subject matter. It's intended solely for mature readers.**

At twenty-two-years-old, Mia Holloway's life is up in the air. Her graduation from UCF is looming over her head like a bad hangover. Her long-term boyfriend has up and left her for some Tinder fling, and when sudden chest pains send her straight to the ER – that's just icing on the cake.

At thirty-two-years-old, Cardiologist Dr. Alex Greene has what most would call a perfect life: respect, money, and a sleek high-rise loft in the city. But since the departure of his unfaithful Ice Queen of an ex-fiancée, Alex also secretly longs for the one thing he's been missing – connection.

When Dr. Greene and Mia meet, as patient and doctor, something undeniable clicks. Forbidden, dangerous, foreboding. The kind of uncontrollable lust that threatens to tear both their worlds apart.

Pulses will rise. Hearts will be broken.

Because an affair like this doesn't happen in real life.

## Pulse Details

Date : Published September 2015 by Amazon Digital Services, Inc. (first published June 23rd 2015)

ISBN :

Author : Liv Hayes

Format : Kindle Edition 240 pages

Genre : Romance, Did Not Finish

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## From Reader Review Pulse for online ebook

### Shelley says

\*4.5 Stars

This was my first book by Liv Hayes, and I can assure you that it won't be my last. Being a fan of forbidden romances, and always searching for something that is a little bit different in the genre, this book caught my eye. I was pulled into the story and the characters' lives right from the first page - I was immediately hooked.

What initially grabbed my attention was that the illicit relationship in *Pulse* was between a doctor and his younger patient. Other than the fact that she was ten years his junior and that he was introduced to her in a professional environment, there wasn't anything *too* taboo about their attraction. They weren't long lost relatives, she wasn't a minor, neither one of them was married or in a relationship. They were simply a doctor and patient. But their relationship was anything but simple.

Dr. Alex Greene's professional life was successful. He was a well-respected cardiologist who took great pride in his career. His personal life, however, was lacking. He was freshly out of his engagement, but he wasn't exactly mourning the loss of the relationship. He never really felt as much as he should have towards his fiancée. Their relationship had been distant and unemotional. He wanted to find that spark, that connection to someone special. He didn't want to be lonely. But what he didn't plan on was the spark that would ignite when he walked into the hospital room of his new patient, Mia Holloway.

Mia's previous relationship left her heartbroken. She wasn't looking for another relationship or love, and she certainly didn't expect to find herself attracted to her doctor.

The author has created perfectly flawed characters. Despite their knowledge that they shouldn't be together, their pull and desire for each other was just too strong for them to ignore. Dr. Greene seemed to have it all together, but he was torn between his professionalism and his feelings for a young woman who was off-limits. His behavior, at times, seemed almost younger than his thirty two years, but he had never had such intense feelings for a woman before. It's as if he was experiencing falling in love for the first time, and the obsessive nature that first love often has. In my opinion, it showed his vulnerability and made me like him that much more.

*Pulse* had all of the elements that I love when reading a forbidden romance. I was able to *feel* the emotions right along with the characters. I fell in love, my heart broke, and my stomach was tied in knots. They both knew what the consequences would be if someone was to find out about their relationship, but they risked it time and time again. I was completely invested in their beautifully imperfect love story.

\*4.5 Stars

\*The book did contain some proofreading issues (missing words, typos), but it didn't take away from my enjoyment of the story.

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## Shari Kay says

<https://www.goodreads.com/review/show...>

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## Baba says

**DNF @7%, no rating. Mini review posted June 26, 2015.**

What made me accept the review request was the age gap between Mia and Alex. So I started to read the book and I...well, I tried. I really did but my blood pressure went through the roof when I read this...

@6%

*One thing to make clear: I wasn't in love with her. I was merely disarmed.*

That's his inner monologue after meeting his patient. **It happened mere seconds after saying, "Mia Holloway?" I asked, with my eyes still glued to the clipboard, "Would that be you?"**

(...)

*Her soft voice seemed to catch the air in a way that traveled, as if by wire, into my brain. My skin prickled immediately, and I glanced up at her.*

On the very same page...

*When she stopped, she looked at me, and I knew immediately what she was thinking: Hello, Doctor McDreamy.*

Still @6%

*"I really thought I was dying," she said quietly. We locked eyes again, and for a second, I could feel my lips part - but I couldn't say anything. I just clasped her hand - for sake of bedside manner, I swear - and smiled as she added: "Do you think it's serious?"*

Or this @7%

*And this time, I felt it. With each beat, the blood sped through my veins like wildfire. I could feel my skin start to heat, with each beat almost forming almost something melodic. A song only I could hear.*

*When I drew away, and removed the earpieces, our eyes met again. I hoped she couldn't see how dilated my pupils must have been - a tell-tale sign of interest. There's some free advice for you.*

*"It's still a little tacky," I said, and she laughed at that - tacky. "Are you stressed, honey?"*

*Shit. I called her honey. As soon as the word tumbled out, I could have strangled myself with the stethoscope. A Freudian slip.*

When I say DNF it's not a Freudian slip.

Seriously. I will be very kind and say...just no.

This is fiction and I know that an author must **make** write a connection between H/h. Yet I ask you to at least try and make it somewhat realistic and believable. Alex is a thirty-two-year-old cardiologist, a **doctor**, and did act like an immature and starstruck teenager when he first laid eyes on Mia who had to be examined because she was afraid she would die of a heart attack. Frankly, I doubt that a serious cardiologist would come up with such trite inner monologue and **blatantly unprofessional** "advances".

I'm sorry, Liv, but I'm not your target audience. Movin' on...

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*\*\*Review request of author Liv Hayes\*\**

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### **Lorie says**

#### **DNF @ 34%**

The doctor/patient thing definitely grabbed my attention. I was really looking forward to this, but unfortunately, this one just didn't work for me.

It never really captured me, and I struggled quite a bit with it. The writing style is more "telling" of the story rather than creating something the reader can feel and experience. I didn't feel like I connected with the characters. Even through 34%, there wasn't much I knew about either one of them aside from what sat on the surface.

I wish I could love 'em all.....

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### **Tahsin says**

I've never done this before, but I think I just write down my honest opinions? Okay, here goes.

I wasn't the biggest fan of either of the characters in this story. The plot was good, but there were some definite holes that needed filling. (Not that way lol, but plot devices.) I honestly found Mia quite annoying; her motivation for her actions were lacking and her tantrums over-the-top. Alex was better. A lot better. The secondary characters, not so much.

And there was this one small thing that bugged me a lot. (view spoiler)

Little things here and there that ticked me off a little. Okay read overall.

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### **Samantha says**

I actually liked this. 4 little fox stars.

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### **Tianna★loves books★ says**

This started out soo good. I liked their moments, the anticipation and the stolen glances. But the entry of the owl was such a turnoff. And then the owl being pregnant. No. It was too much. Then the hero ignoring the heroine completely and then them hooking up again as the heroine is quite desperate for him and then keeping secrets from her like his ex fiancée is pregnant with his baby. This was what made this book unlikable. Seriously I would have given this book a 5 star if the owl drama would have not been there. What a waste of some few beautiful beginning scenes.

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### **SueBee★bring me an alpha!★ says**

**★★★★ 1/2! Pulse (stand-alone) Cardiologist hot-cold pursuit of young student & patient who can ruin his career!**

*“And for a few seconds, it was just us – the patient, the doctor, and the pressing realization that there was nothing we could do about it.”*

*They met at a cross road in life...*

**Mia Holloway aka Little Fox** the much too young university student having an anxiety attack after having been cheated on then dumped by her boyfriend. Ready-to-settle-down and not-looking-for-anything-complicated Cardiologist **Dr. Alex Greene** is the doctor on duty that night

*Increased heart rates, beeping monitors...*

Stolen glances, tender smiles, jagged conversations, innuendos, but mostly fear and reservations. Mia knows her immaturity is an obstacle, but is smitten and in awe with the mature, accomplished and charming doctor. Though he knows it's wrong, Alex is taken by the young petite beauty and shows her extra care and attention and even calls her pet names.

*Forbidden romance, doomed before it even begins...*

Alex can lose his medical license for even flirting with Mia. He is torn yet embarks on a clandestine affair

with the young student. Stolen moments and hidden rendezvous, but Alex is conflicted. In addition to the inappropriateness of their affair he is overworked and has secrets he rather keep.

***Lies only begets more lies....***

They are lying to their friends and family, co-workers, but soon also to each other; White lies, secrets and hidden agendas... When deeper feelings surface and their world come crashing down... Will Alex mend or break her heart?

***[beep beep beep]***

***“And I was still swimming in the deep-end that was Dr. Greene.”***

Ten words to describe **Dr. Alex Greene**: Charming, honorable, conflicted, moody, hot-cold, closed off, thoughtless, immature, interesting and complex.

***“I became a doctor so I could fix people, so I could help the sick. But I can't help people like us. I can't fix this, Mia. I just don't know how.”***

Eight words to describe **Mia Holloway aka Little Fox**: Sweet, timid, lonely, meek, impressionable, transparent, immature and loyal.

***“He was a doctor. I was a patient. He was a man, and I was a girl. What more could I have expected?”***

**Pulse**, told from alternating POV is the romance that should never be and **I had to keep in reading**, needing to know what would happen next. It is **sexy, sweet, angsty, intriguing** and **bittersweet**. As for ending... it left them at another **cross road; happy and at peace**. I am happy to report that the author is writing an **EXTENDED epilogue**.

**Intense and addicting** plot! **Excellent** story-telling! **Butterflies-in-your-belly** forbidden romance!

***“Pain makes you numb, but love makes you blind.”***

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Hero rating: 4.5 stars

Heroine rating: 5 stars

Sexual tension rating: 5 stars

Sex scenes rating: 4.5 stars

Sex scenes frequency: 4.5 stars

Plot rating: 5 stars

Dialogue rating: 5 stars

Storytelling rating: 5 stars

Story ending rating: 3.75 stars

Book editing rating (5 = no edits spotted): N/A, ARC

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**Overall rating: 4.5 stars**

**Would I recommend this book: Yes.**

**Would I re-read this book: Maybe later.**

**Would I read future books by this author: Yes.**

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*ARC provided to me by author Liv Hayes in exchange for an honest review.*

**Leah says**

**4.5 "Little Fox" Stars!**

*"You're a very nice doctor," she said, then nothing else.*

*I waited for a moment longer, but she was gone. It was only the sound the EKG - the soft and subtle beep, beep, beep.*

*"You're a very nice patient," I told her.*

*I knew she couldn't hear me. But it was better that way.*

\*My Dr. Green\*

\*My Mia\*

This was the first time I've come across a non-fetish/erotica-based novel dealing with a doctor/patient relationship, and I read this in one sitting. I don't want to give too much away, because the book has a lot of potential spoilers, but this was an awesome debut. The writing was easy to follow while still sharp.

*"I'm only a doctor. I never claimed to be a saint."*

Speaking for the characters, I loved Mia (or Little Fox, as Dr. Greene calls her), and appreciated how realistically her character was written. If she screwed up, she confessed it. If she was being a brat, she was straight forward about it. Dr. Greene was one of those guys who has everything, but is still craving connection, and finds that with Mia. He's also a man with a past that ends up catching up with him in a big way. But even at his most screwed up points, it was hard not feel sorry for him.

As for the sex scenes, the first encounter shocked me. The rest were steamy and well written, and I'd make sure to grab some tissues.

*"Have you ever seen what a human heart looks like?" I asked her. "It's a ticking bomb wrapped in flesh and blood. It's heavy as a brick. You can pass it around from one set of hands to another until they grow too weary of holding it, and their fingers snap. You can break things, break people with it. Until eventually it stops beating."*

The only thing that managed to knock half a star off is that I did wish it had an epilogue, but that's just me.

Do I still recommend? Oh yes. Pick it up, and watch your pulse start skipping.

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**grace says**

Purposefully complicated...

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**Liv Hayes says**

**Early Release: PULSE is officially LIVE!**

<http://www.amazon.com/pulse-liv-hayes...>

*If you're a blogger/GR member and would be interested in receiving an ARC, please feel free to get in touch: [l.hayes.author@gmail.com](mailto:l.hayes.author@gmail.com)*

**If you'd like, you can read a preview below:**

<http://livhayesauthor.tumblr.com/>

**Meet Mia:****Meet Dr. Alex Greene:****Tracey Nelson says**

I'm not sure if I could think of enough words to describe this story, but I think I'll start with these ones: Emotional, heart wrenching, realistic, romantic, relate able. I was sucked in and by page fourteen, I was hooked. I was holding my breath waiting to see what would happen to these forbidden lovers.

This story is about Mia, a young woman studying English in university. After a breakup occurs, she is sent to the hospital complaining of heart pains, which is how she meets the swoon-worthy Dr. Greene. I don't want to give too much away in terms of the story as it was so strong and well written it is worth going into it without knowing any spoilers. But I will say, the story line was very unique and refreshing.

I found Mia's character to be very realistic. So much so, that I couldn't help but completely relate to her. I felt as if I knew her, I could imagine myself making the same choices she did. She wasn't a typical, cookie cutter heroine that we find so often in new adult novels. She was learning about who she was, what she wanted and how to deal with difficult situations as any young woman would and that made this read just that much better.

Now...Dr. Alex Greene. I just...I don't even know! He was a perfectly damaged man, in my mind. An older man than Mia, with a little more life experience, who unfortunately had not gotten to the point where he was satisfied in his life. He has a past, he has his own insecurities and his own faults, as any normal person would, but his heart was big and he had a lot of love to give. (No wonder he was a cardiologist).

These two characters embark on a very forbidden, but passionate ride and I enjoyed every minute of it. The writing was fluid and articulate. The characters were well defined and had their own voice and I never found

myself bored or uninterested, it kept my rapt attention from beginning to end. The only reason this one did not earn a five star from me was simply because the ending felt a little too rushed and I would have liked an epilogue. However, those are just personal preferences. I would definitely recommend this one!

Four solid stars.

OHHHH....and...anyone who is described as looking like Robb Stark? Yeah, I am ALL over that.

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### **Lindsay says**

This book sounded amazing. I couldn't wait to start it. I love books that surround doctors, set in hospitals (It's all the episodes of ER and Grey's Anatomy I've watched ;)), but you rarely see them. I know there have been some over the years, but there aren't that many. The thing that made this book so intriguing (from the blurb alone) is that the doctor and patient fall for each other. So, let the book begin!

Honestly, from page 1, I couldn't put this down. Even when I woke up in the middle of the night and decided I'll read "just a few pages until I fall back to sleep" turned into me finishing the book. I was hooked to Alex aka Dr. Greene and Mia's story. They had an instant attraction that just kept getting bigger. There were definitely twists and turns in the story with different obstacles that Mia and Alex had to face. I did love their chemistry and loved the time that they spent together.

I didn't mind the "taboo" nature of their relationship. But I had an issue with Alex keeping secrets from Mia in regards to the situation with Cait. I get not telling her in the very beginning since it was new between Mia and Alex, but later, when things became more serious between them, he should have told her what was going on.

My other issue was near the end, when Mia was still calling him Dr. Greene. I wish she had been calling him Alex more. I just couldn't help but feel like using his name was more intimate than Dr. Greene, especially at the end when she was no longer his patient.

Even though the ending was satisfying, I kind of wish there had been an epilogue so see where they are a little further down the road. I just had questions as to what would happen next. Would he move to England for her? Would they have a long distance relationship while she was at Cambridge? Would they end up married with 2.5 kids, a dog and a house? What about meeting the parents?

Overall, I really did enjoy the book. This was a great debut from the author and I'll definitely read more from her in the future!

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### **Mary says**

Characters and plot are pretty thin.

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**TG KMT | QUESTLOVE says**

It started out goood -  
But didn't stay goood.  
All i kept repeating was .. **"Get over your shit already"**

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