



Wake Up, Humans!: The Chiropractic Principle That Restores the Body's Innate Healing Power, Transforms Lives, and Unlocks Human Purpose

Dr. Steve Judson

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From Reader Review Wake Up, Humans!: The Chiropractic Principle That Restores the Body's Innate Healing Power, Transforms Lives, and Unlocks Human Purpose for online ebook

Ramona Marc says

"There are pills to wake up, and pills to fall asleep. Pills to numb your headache-just to get it back again later. Pills to lose the weight-just to gain it back next week. Pills to lower your blood pressure-just to see it rise again. And, of course, pills to fix the side effect of all the pills you're taking".

Well.. that's what I call such a nice way to say such a deep truth!

I'm not a doctor, neither I heard about chiropractors before, but I know that this book is worth reading! 'Wake up Humans' is about LIFE... is about how your body can heal itself (there's so many connections between the brain-the spine-and the hole body)... it's about self-care, about you, about us, about everything that dr. Judson has to offer to the world for a better living!

Dan Schumacher says

Loved the book. Steve is a No BS guy that tells it how it is.
