

# TheBUDDHA IN DAILY L I F E

An Introduction to the Buddhism of  
**NICHIREN DAISHONIN**



RICHARD CAUSTON

## **The Buddha In Daily Life: An Introduction to the Buddhism of Nichiren Daishonin**

*Richard G. Causton*

[Download now](#)

[Read Online ➔](#)

# **The Buddha In Daily Life: An Introduction to the Buddhism of Nichiren Daishonin**

*Richard G. Causton*

**The Buddha In Daily Life: An Introduction to the Buddhism of Nichiren Daishonin** Richard G. Causton  
*Nam-myoho-renge-kyo . . . Nam-myoho-renge-kyo . . .*

Perhaps because it does not involve conforming to a specific lifestyle, the Buddhism of Nichiren Daishonin has attracted millions of adherents around the world during recent years. Its message is simply that those who commit themselves in faith, study and practice will achieve their goals and be moved to dedicate themselves to the wider cause of human happiness, world peace and environmental harmony.

In this comprehensive and helpful book, the late Richard Causton, chairman of the lay society of those who practise the Buddhism of Nichiren Daishonin in the UK, explains the teachings and practice of the movement. He sets it into its international and historical perspective and gives many examples of how individuals and their families can overcome their problems and begin to reveal their full potential.

'It teaches that the state of Buddhahood can be attained by anyone within everyday life...'  
THE SUNDAY TIMES

## **The Buddha In Daily Life: An Introduction to the Buddhism of Nichiren Daishonin Details**

Date : Published July 6th 1995 by Rider (first published February 27th 1994)

ISBN : 9780712674560

Author : Richard G. Causton

Format : Paperback 299 pages

Genre : Religion, Buddhism, Nonfiction, Self Help, Philosophy, Spirituality



[Download The Buddha In Daily Life: An Introduction to the Buddhi ...pdf](#)



[Read Online The Buddha In Daily Life: An Introduction to the Budd ...pdf](#)

**Download and Read Free Online The Buddha In Daily Life: An Introduction to the Buddhism of Nichiren Daishonin Richard G. Causton**

---

## **From Reader Review The Buddha In Daily Life: An Introduction to the Buddhism of Nichiren Daishonin for online ebook**

### **9-B says**

#### **Great book**

One of the best books... Takes you through the intricate details of the practice and also gives you a perspective of the different aspects which you would need to know

---

### **Jo says**

Read it a few years ago, and whilst in hindsight it was a little life changing. At the time I remember it was a dense read. Very interesting but you knew if you put it down, game over.

Quite a lot of eastern philosophy and the late Dick Causton has done a great job of showing how applicable Buddhism is in the everyday of the everyday person. Whether or not you want to start 'practising' or not, it is a deep read.

---

### **msleighm says**

My all time favorite SGI-Nichiren Buddhism book in my 25 years of practice.

I wish this would be rereleased. It IS difficult to find used copies. Recommend trying half.com and amazon.com.

---

### **Gladys Lopez says**

Completely liked the first chapters. The last ones is more an explanation of the part of Buddhism that these teachings belong. Good to cultural knowledge or in deep knowledge of this religion. Not so appealing for general readers. However is worth the reading.

---

### **Sanchita says**

This book is a keep for life..so much to learn about oneself and one's environment, the reason why we are the way we are. A logical and a very scientific explanation of complex matters of life. One can read and re-read to unfold the different layers of this book.

---

### **Jaime says**

Yet another gift from Leah. This book is wonderful and really is helping me to deepen my understanding of the practice of Buddhism.

---

### **Gloria Ng says**

LOVE this book! Very comprehensive for the beginning practitioner of Nichiren Daishonin's Buddhism! However, I like The Winning Life: An Introduction to Buddhist Practice even more for the quickest "manual" to getting started in the practice right away.

---

### **Matt Watkinson says**

By far the most accessible, compelling introduction to the practice of Nichiren Buddhism of the many that I've read. It's no overstatement to say that, on reflection, the lessons from this book have enriched my life more than any other.

---

### **Ann says**

A down-to-earth explanation of Nichirin Buddhism, extremely readable and relatable.

---

### **Staci Jones says**

Very good!

---

### **Elaine says**

Enjoyable, inspirational, but only for SGI members (present/future followers of Nichiren Daishonin). I'm no longer a member, but I recall liking this book more than any of the [many] others that were given to me.

---

### **Marko says**

First book I read about Buddhism and I think it handles well introducing the philosophy of Buddhism. Has some interesting ideas and concepts in it. Good thing about the book is that it concentrates on the philosophy and it is not so much of a book that wants to convert someone. Includes some crap like world peace and so on, but the philosophy gives nice food for thought.

---

**Disha says**

Not an easy read, too much information for someone who just started following this practice :)

---

**Stephen says**

I read this book when it was initially published in the late 1980's. It was then called something else, Nichiren Shoshu Buddhism. After the much publicised schism between SGI and its parent Buddhist organisation, it obviously had to be renamed. Personally, it was the acrimony and hatred displayed on both sides that put me off the practise rather than the issues themselves. I met Dick Causton and believe he and SGI have done much to bring a spiritual dimension to many peoples that wouldn't otherwise have it, let's remember though, Buddhism is a very wide ranging family beyond the answers offered in this book.

---

**Ameg Rauna says**

This is definitely a book worth reading as it has an approach which makes more sense for us westerners, than other tough Buddhism books.

If it was not because the temple in London is miles away from my house in Essex and I do not have a car, I would definitely go every week because this is the kind of Buddhism that matches perfectly with me

---