



Mollie Katzen's Sunlight Café: Breakfast Served All Day

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Breakfast is back! And *Mollie Katzen's Sunlight Café* offers tasty, protein-rich, meatless breakfasts to boost your energy level and get you going first thing in the morning--or any time of the day. Mollie Katzen provides simple, mouth-watering, healthful recipes and menus for every day of the week, whether you are preparing a sit-down brunch for ten, breakfast-on-the-go for kids running late, a light bite after a late night, or a luxurious breakfast in bed. Lavishly illustrated throughout with Mollie's luminous paintings, *Mollie Katzen's Sunlight Café* is divided into 12 chapters of breakfast fare, including yogurt and cheese, griddled foods, muffins and biscuits, eggs and tofu, whole grain cereals, homemade breakfast bars and coffee cakes, puddings and custards--and much more. In addition to showing you exactly how to make the perfect omelet or the crispiest waffles, Mollie offers irresistible recipes that range from the familiar Winter Fritata with Red Onions, Red Potatoes, and Goat Cheese, to the favorite Gingerbread Pancakes, to the surprising Basmati Almond Muffins, and on to irresistible Crispy Southwest Polenta Hash. And Mollie's energy-packed Peanut Butter Chocolate Chip Oatmeal Protein Bars are certain to become a ray of sunshine in any kitchen.

Mollie Katzen's Sunlight Café: Breakfast Served All Day Details

Date : Published September 18th 2002 by Hachette Books

ISBN : 9780786862696

Author : Mollie Katzen

Format : Hardcover 320 pages

Genre : Food and Drink, Cookbooks, Cooking, Food, Nonfiction



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Critterbee* says

A great book full of vegetarian breakfasty/brunchy deliciousness!

This book is a nice source of healthy morning recipes for your busy family, with a few ideas for entertaining. Fans of the Moosewood Cookbooks will already be familiar with Mollie Katzen's style, and it would be a great introduction for those who have not read any Moosewood cookery books.

This book includes eggs and milk products, so while it does contain some vegan recipes, be aware it is not 100% vegan.

Harmony says

Love her cookbooks! I really enjoy breakfast though and this is a great breakfast cookbook... You don't even notice that it is vegetarian... the waffles and pancakes are very good and because she adds protein powder and wheat bran to them you don't get that drop in energy after having a delicious breakfast.

Kathryn says

A book filled with 'morning food' ideas, with lots of tips and background information. I enjoyed the page of 'Breakfast around the world' to compare to standard North American/Continental breakfasts. It is well laid out, though no photos, as is her style.

I did copy a few recipes though:

Raspberry-Drenched Rhubarb,

Chai Oatmeal,

Blueberry Sauce, and

Pumpkin-Orange Marmalade.

WPL

Mercedes says

I consider Mollie my first vegetarian inspiration. It was long ago when my friend Ellen gave me Enchanted Broccolie Forest as a present, and at that time that book made it possible to drop the meat. Sunlight Cafe is wonderful, and the recipes are easy to veganize.

Deb says

This book has been languishing on my shelves which is a shame because it is beautiful and is full of great recipes. I pulled it out the other day looking for good ways to use up millet but ended up making the Creamy Feta with Ground Walnuts--a delicious spread that I used to make tartines. (Pst here: [http://kahakaikitchen.blogspot.com/20...\).](http://kahakaikitchen.blogspot.com/20...)

Full of classic and unusual vegetarian breakfast and lunch recipes that can be enjoyed all day long and Katzen's charming and colorful illustrations.

Sarah says

My go-to guide for all things breakfast/brunch. Includes recipes for some of my "greatest hits": ricotta dill muffins, pumpkin chocolate bread, homemade protein bars, home fries, hash browns, and all sorts of egg dishes.

G.G. says

Beautiful to look at and full of upbeat (and useful!) asides about ingredients and techniques. I haven't cooked many of the recipes, but can happily recommend the Breakfast Salad (p. 167) and the Miso Soup (p. 14).

Erica says

An entire cookbook devoted to breakfast! What could possibly be more wonderful? I started working my way through this a few years ago, got sidetracked by a bookstore, and just picked it up again. I'm making Buttermilk Blueberry Muffins on Thursday and I'll try at least one recipe a week til I've exhausted the interesting looking ones. Which is most of them, excluding a few that involve cauliflower. Blech.

Lauren says

Aaah! Dee-licious, nutritious and informative cookbook about making time for cooking your day's most important meal - breakfast/brunch! Anyone who knows me knows that I'm nuts about eating and making breakfast, so finding this cookbook by accident on the shelves at Powell's was exquisite. I kinda missed Ms. Katzen's signature pen & ink drawings, which have been replaced with more bland oil pastel food renditions...but the content more than makes up for this!

Four forks up!

Elizabeth says

Some of Mollie Katzen's cookbooks are hit or miss, but I've LOVED everything from this one, especially the seasonal frittatas. It's a really wonderful, cheerful, thorough breakfast cookbook packed with recipes ranging from the really simple - fun things to do with fruit and yogurt - to much more complex - crazy breakfast puddings! I consult this one whenever we're having friends over for brunch or just want something a little bit fancier on our own.

MichelleMarie says

I haven't made any of these recipes yet but I have written some down and I am really excited.

They are all breakfast/brunch types and it makes me just want to entertain and have fancy eggs, muffins, fruit platters and bread....so who wants to be my guest?

Cassandra says

I was a new mom when I bought this book and I really had never paid much attention to breakfast foods. I learned how to do breakfast and over the years we have worked through these recipes over and over again. My kids are now teens and this remains to be one of my all-time favorite books. It's hard to pick favorites because everything I've tried has been successful, but some of the recipes that I've returned to over and over again: Chocolate Ricotta Muffins, Chewy Fruit and Nut Bars, Homemade Protein Bars, Pistachio-Currant Halvah Nuggets, Sunlight Souffle, Maple Breakfast Flan.

Beegobug says

Every recipe I have tried so far in this book has turned out beautifully- chocolate babka, scones, protein bars, pancakes and breakfast mushrooms among many others. Her breakfast ideas are inspiring- a nice departure from the typical meal of bacon and eggs.

Cherie says

A+ I LOVE this cookbook--I took it out from the library, renewed it a million times and finally bought it. The recipes are fantastic--geared towards breakfast, including many non-breakfast-y recipes (including ricotta, which I made and came out delish!). The vanilla ricotta muffins came out yum too, and I can't wait to try tons of the other recipes. Best of all, Mollie (I love her so much we're on a first name basis!) offers heaps of cooking tips. Maybe my pancakes will start coming out yummlicious rather than simply edible!

LemontreeLime says

A beautiful book, but not one i used.
