



Restless Study Guide: Because You Were Made for More

Jennie Allen

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In *Restless*, an 8-session, video-based small group Bible study, Bible study teacher and author Jennie Allen helps you discover a practical plan to identify the threads of your life and how to intentionally weave them together for God's glory and purposes.

Restless explores this important question: "Do I matter?" And Jennie asks, "We live **with** lots of things, lots of people...but do we live **for** something?"

Using the story of Joseph, Jennie explains how his suffering, gifts, story, and relationships fit into the greater story of God-and how our stories can do the same. Then she also introduces Threads-a tool to help you see your own personal story and to uncover and understand the raw materials God has given you to use for his glory and purpose while on this planet.

The lessons in this study guide are engaging and interactive, offering in-depth Bible study, personal stories, and projects enabling the teaching to move off the page and into your life.

Sessions include:

Restless
God's Story
Gifts
Suffering
Place
People
Passions
Mystery

Designed for use with *Restless: A DVD Study* 9780849922374 (sold separately).

Restless Study Guide: Because You Were Made for More Details

Date : Published January 14th 2014 by Thomas Nelson (first published January 7th 2014)

ISBN : 9780849922367

Author : Jennie Allen

Format : Paperback 192 pages

Genre : Christian, Christian Living



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Emily says

I loved this study! It helped me so much on my journey!

Ny'ilah says

I listened to this. Though I enjoyed it, I felt like I needed to read her other stuff for my own understanding.

I am officially an Jennie Allen FAN for LIFE!!!!

Sarah says

Format: 8 sessions, with an assignment, 20 minute video, and conversation cards

Homework: one short bible study and four projects each week.

This was my first Jennie Allen, and it was a refreshing change from the Beth Moore studies. Actual scripture study was not a lot and not in depth. She makes a couple of small points, but the majority of work is done by piecing together your own life. This took more time than I thought it would. I loved it, and it was very helpful to see all my threads together, and it would be neat to do again in five years.

Susan Purnell says

Jennie Allen is a gifted writer and speaker. This workbook is a supplement to the DVD/ group class. In the workbook you will uncover your threads that help you determine where God would have you serve. Thank you Jennie for your ministry!

Sara Simbro says

Really, really appreciated this study and how it was laid out. You could do the weekly study and projects throughout the week or all in one sitting. The video was beautifully done. The study makes you dig deep and see the threads of your life and then ties them all together and tethers them to God. Great study. loved it!

Dawn says

This Bible study was different from the usual. It wasn't neatly mapped out into 5 lessons per week, with lots

of author-lead fill-in-the-blanks to keep you occupied. Rather, it was up to the reader to split up the weekly homework as they saw fit. There was some Bible reading (the story of Joseph in Genesis), accompanied by related questions. But the part that impacted me most was the "projects", of which there were 4 per week. These lead us to do some soul-searching in areas such as our suffering, our places, our people, and our passions. It was very affirming to see God's "threads" stretching across our lives as the study came to a conclusion. This was perfect timing for me, as God's been personally dealing with me about this very thing. The study also made for some great discussions in our small group.

Whitney says

I was new to Jennie Allen when our moms group decided to do this study. After going through the verses and weekly projects, I feel more confident in how God's plan can work in my life. I absolutely loved this study and look forward to reading more from Jennie Allen.

Julie says

A challenging Bible study that should be completed over several sittings. I wish the headings on each page reminded the reader of which section it was.

Amy Harris says

The concept of being restless is familiar to most women. Allen attempts to use the life of Joseph in Genesis to demonstrate how we can use our sphere of influence, suffering, spiritual gifts, passions and people we encounter to discover ways to quench our restlessness in Christ. In a few chapters, the connection between the subject and Joseph's story was fairly flimsy, but overall she did a nice job in the explanation. The weekly homework sections were creative and often thought-provoking. I would have liked a more intense look at some parallel scripture passages and deeper explication of the text, but this would be a good introductory study for someone unfamiliar with bible studies.

For anyone considering doing this through a women's group: the videos are not worth the time and really offer nothing to deepen the lesson. I would stick to the study guide, which offers nice lessons to stretch and challenge our thinking. Allen's teaching delivery and the rapid depth of field/focus changes on the camera were more than a little annoying.

Linda says

Much of the power of this study guide comes from the womens group participation. A good, active, trusting group can help one another immensely in this journey.

Cathy says

My church's women's group did this study and we had some good discussions that came out of it. Some of the women felt like the accompanying DVD sessions were emotional. I liked the card games with questions that the author had us play, because then everyone could answer a question that they wanted to answer - not necessarily just what was in the book.
