



Shelter for Elizabeth

Susan Stoker

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Elizabeth Parkins lived through a nightmare come true—getting kidnapped by a serial killer. Seeking a fresh start, she moves to Texas, but escaping her demons proves impossible when she's too terrified to leave her own apartment. A small, accidental fire sparks a coping method she'd never expected, and brings an amazing man to her door.

Firefighter Cade “Sledge” Turner’s idyllic life ended the day his sister was kidnapped. Now he knows firsthand that tragedy can befall anyone, at any time. Meeting Elizabeth on the job was a gift. Cade can envision spending his life with this woman. He understands what she’s been through, is willing to help her heal...though even Cade is unaware of Beth’s new secret obsession.

As Beth takes steps to help herself heal, and Cade attempts to earn her trust and prove his own, they’re both about to be tested—in a way that could see everything they’ve worked for go up in flames.

* Shelter for Elizabeth is the 5th book in the Badge of Honor: Texas Heroes series. Each book is a stand-alone, with no cliffhanger endings.

Shelter for Elizabeth Details

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From Reader Review Shelter for Elizabeth for online ebook

Brenda says

This new release from Susan Stoker is, like her previous books in this series, a wonderful, well written story. Cade and Beth are well developed characters that instantly captivate the readers interest. Avid readers of Ms. Stoker will know Beth from her SEAL of Protection series, "Protecting Summer". I was glad to see this book, since I have wondered what happened to Elizabeth after her kidnapping and torture in that book. All we knew then was she was rescued and turned over for medical treatment. It is good to get the story of how she has survived and is coping with the issues left her due to that incident. I love how Ms. Stoker pairs her heroines with compassionate and understanding men who help them reach their potential. Cade and Beth have their demons work through, and watching them do that is emotional and heartwarming. This is an excellent read and one I enthusiastically recommend. You have the extra bonus of seeing Penelope from "Protecting the Future" (she's Cade's sister), Sam and Summer from "Protecting Summer" and the infamous Tex who is everyone's hero! On a scale of one to ten, this one is definitely a 10+! I need to say that I received an advanced copy of this book in exchange for an honest review which I was glad to give.

Elizabeth Neal says

If you've read the SEAL of Protection series by Susan than you're familiar with Elizabeth's role in Protecting Summer, book four. In this book, we're reunited with her. If you haven't read that series, I recommend it as it will give you more of Beth's story prior to her move to Texas.

Three years ago, Elizabeth, Beth, was in the wrong place at the wrong time, resulting in tragedy and it's left scars on her in more ways than one. However, she is talking with a support group and has made a best friend, Penelope, who also struggles with some demons of her own. (Yes, this is Penelope from Protecting the Future, book 8 in the SEAL of Protection series.)

Beth meets Cade, a firefighter and Penelope's brother, when a small fire erupts while cooking. Thankfully, Cade can see the struggle she's having when she's told she needs to go outside to get checked out. He's able to help ease her out of the start of a panic attack and they're both surprised by the connection they each feel.

As Cade and Beth slowly explore where this connection could lead, Cade helps her as she continually struggles with the aftereffects of her attack. See, Beth has become somewhat of an agoraphobic, preferring the safety of her apartment over the unknown of the outside. She can go out, but she needs a support system, a buddy, which is usually Pen, as they tend to support and help each other. Cade wants to be that person she relies on and realizes he wants his role in her life to be permanent.

But they both have some things they need to work through before they can get their HEA. For one, it seems Beth has found a new coping mechanism. One that doesn't sit well with a firefighter, yet he knows he loves her and wants to help. Beth knows she needs to stop and wants to be, in her eyes, a woman that's worthy of Cade.

As certain circumstances cause things, hurtful things, to be said, Beth knows she needs to take the necessary steps to heal, to be the person she wants to be. Cade, heartbroken over his part in all of it, wants her happy,

and preferably with him.

Will Beth get the help she needs to be at peace, as much as she possibly can at least, with her past so that she can have a future with Cade? Will Cade be able to accept that Beth will have good and bad days? Can he give her what she needs? Can they move forward together or will their differences be too great?

While I'll never understand completely what those suffering from agoraphobia live with, what I experienced while reading this story just the glimpse of the daily struggle that I did see was heartbreaking. I pray that every day greater strides are made in treating it and I pray for those who suffer from it.

As I previously stated above, I highly recommend any book from this author. I've been hooked since reading Protecting Caroline and my love and appreciation for her talent has only grown with each subsequent book. One-click this book now, and honestly, all of her other books as well. I believe you'll love them as much as I do.

Miss Bee says

Another Susan Stoker book, another all night read. Shelter For Elizabeth is the latest installment in the Badge of Honor : Texas Heroes series. Cade Turner, a firefighter, met Beth Perkins after a small fire accident in Beth's apartment. She's been kidnapped in the past and now has agoraphobia. Beth fears of being kidnapped again if she tries to be out in the open outside the confines of her apartment.

No doubt, there's instant attraction between Cade and Beth. Cade's sister turns out to be a close friend of Beth. Despite Beth's condition, Cade pursues her.

The way Cade was with Beth made me fall for him from the start. I know it must be hard to be always conscious and prepared if the person you're dating has some serious baggage like Beth. He started sweet and understanding and stayed like that until he learned Beth's secret obsession. He might have just came on strong on the way he confronted Beth regarding it. I felt like he should have handled it in a calmer way. He definitely tried to make up for it in the end of the book.

Beth's story is somewhat a very sensitive matter for me. Maybe it was not what I was expecting to read but nonetheless Susan did a great job of writing a survivor after the nightmare that Beth went through. If I were her friend, I'll definitely drop anything when she needs me. I also liked how they took things slow, because it won't be realistic if Beth just went on and had sex with Cade after their first or second date.

I honestly didn't know what to think of Beth's new found obsession. It's kinda hard to say its insane because what do I know of the things she experienced after being kidnapped and raped? People do have different ways on coping and surviving. So I'm not judging Beth. And since Cade's a full pledge firefighter, the conflict made the story interesting.

Overall, if you're looking for average angst and a hot firefighter, go grab this one and you won't be disappointed.

Yesenia Gonzalez says

My heart broke for Elizabeth

We met Elizabeth in Protecting Summer when they were kidnapped by a psycho but Elizabeth was tortured and raped she was lucky enough to make it out alive. What she went through gave her nightmares so moving to Texas for a fresh start is what she needed. She is not afraid to go outside with fear of getting kidnapped again so she rather spends her time at home with her computer. She ended up trying to make one of her mother's recipes but caused a small fire and firefighters came instead. Cade "sledge" is there when she is scared to come outside because of her phobia he reassures her everything will be okay. Penepole comes in wondering what happened to her friend turns out pen and beth are close friends they met in therapy also Cade is her brother. Cade sees something on in her that makes him want to protect her. Together Cade slowly helps her recover while trying to get her to see that they belong in a relationship. While they have struggled together they fight them but the bumps ahead might be too much for them.

oh, how I love beth for trying to be normal trying to actually be in a relationship. She deserves to find love and have someone there for her fighting with her. The funniest part was beth signing up Cade for things he wasn't aware of as well as some underwear Lol.

Brenda says

Honestly, this would have been one of the best Stoker stories hands down except for one major major mistake - and I have to say it - Shame on you Susan!

Good stuff first...well, it's a Susan Stoker story! I just love how it ties into Protecting Summer. Too often there's another character readers relate to that just fades into the sunset and we're left wondering what happened...in this case we find out that it isn't always sunshine after the rescue by the big bad alpha-male. The trauma usually continues and sometimes worsens, but because it is a Susan Stoker story we know it will have a much much deserved HEA all the way around!

'Shelter for Elizabeth' deals with some tough emotional issues without going over the top with the schmaltz, tastefully, sweetly but it does have one major flaw and why I have to knock my five stars down to three - that being Pen sharing details with her brother about, or that, Beth discussed in therapy. Yeah, major no-no and you get I feel strongly about this.

It may be a basic building block of the beginning of the story but anyone who knows anything about individuals dealing with any type of trauma and/or abuse, who seek treatment and help, knows what a huge taboo that is. It would not/should not happen and would constitute a major violation of trust, not only of the individual, but of the group as a whole.

Beth would not brush that aside so easily and to be honest, in the real world I do not believe for one moment Pen would betray the trust afforded or divulge one thing unless someone's immediate life were in danger. These are very serious and real issues. They should be portrayed accurately because you never know who could be reading this story and may NOT seek treatment fearing disclosure. For-Shame!

Wendy Hodges says

I really enjoyed this story it was nice to find out what happened to Beth after Her and Summer were rescued, she left where she was living and moved to another State. The trauma though has left her with some serious

and lasting problems, even though she is in therapy she is stuck in her apartment. I really felt sorry for her, she is a fighter and feisty very strong willed so this is pulling her down and she is unhappy and a bit lonely. With help from Penelope and then Cade she is trying so hard to overcome and get past her issues. It gives insight into how this type of trauma affects lives, how they are forced to try and deal with day to day living. For the most part I loved Cade, his support and help were really doing Beth good. His friends as well were rallying around them. One coping mechanism though caused more problems, I did feel bad that he didn't handle things a bit better causing even more stress to both of them and their friends. I really like how Susan Stoker isn't afraid to tackle problems that could be classed as sensitive to some, she researches and deals with each in an informative way that I find actually helps us understand and maybe be a bit more understanding and helpful to people we come across in life suffering from them. Fantastic read.

Niki Driscoll says

What an amazing story. Ms. Stoker has a way with words and through her writing you will be drawn into this emotional tale right from the start. Beth is one of the toughest characters I have seen, even struggling to put her life back together she has found a purpose to keep her getting up in the morning. Cade is a great character, I wish there were more of this type of man in the real world. He has the ability to see past her issues and see the real woman that she protects from the world. Cade is a strong character in tune with her needs and man enough to help her when it is needed. Having come in with this story, I felt I missed a lot about the other characters. You can still read as a stand alone, but having the back story on the supporting characters would have rounded out the book for me and I will have to make sure I pick up books 1-4. There was a lot of good understandable information about the problems that Beth suffered from and I thought it was presented well and with care. As with all relationships things there will be problems and having the issues that Beth suffers from will make it challenging at times. Both characters will make mistakes and misunderstandings happen before they will get their HEA. Well written, easy to follow, outstanding characters and supporting characters, a great storyline and a reading experience well worth your afternoon awaits you. Well what are you waiting for, pick up this great series and add it to your library.

Kimberly says

Elizabeth has been through hell-and has the scars to prove it. While she has recovered physically, mentally she is still trapped...only this time it is agoraphobia that has taken her hostage. After all-it is difficult to be kidnapped if one never leaves the house, right? One day she accidentally starts a small kitchen fire, and just like that—her life is changed forever....again.

Cade Turner has dedicated his life to putting out fires, and when he responds to Elizabeth's incident he may have put out her kitchen fire, but he left behind a burning ember that would create an inferno that eventually would consume them both. When he meets Elizabeth he doesn't see a victim, he sees a woman whose strength rivals his own—she just needs someone help bring it out of her.

Luckily for her, Cade was that man.

Cade helps Elizabeth out of her shell and helps her realize her strength has been with her all along, so that when the time comes Elizabeth needs to save herself, she can. I actually cheered her on out loud when I read that part. It was kind of cool.

I was always curious about what happened to Elizabeth, how she dealt with her horrors, and what the future held for her. This book answered all those questions—and more. In Cade we have a hero who doesn't try to "fix" the heroine's problems, he works with her to solve them—and THAT my dears is why I love Susan Stoker's books. She has characters who have inner strength that they themselves need to discover/use, and gives them heroes that encourages them to do so. Her characters are real to life and compelling, and from the first book I read by her (Protecting Caroline—currently free on Nook and Kindle) to this latest one, I have been hooked on darn near every aspect of her writing. If you haven't already done so, I highly recommend that you give Shelter for Elizabeth a try, the sooner the better. You won't regret it.

I was given an ARC in exchange for an honest review.

?Tonya? says

I adore this author. Susan Stoker gives you alpha. She gives you wonderful h's that you can't help but root for. She gives you an actual story outside of the romance that makes the couple stronger in the end. This story was even a little steamier which i loved.I adored Cade and Beth. Beth had some major issues because of a horrible situation we read about in Saving Summer. She uproots and moves to San Antonio where she is striving to cope with agoraphobia. She accidentally starts a fire and has to call 911, that's where Cade comes in. Cade was compassionate, sweet and adored Beth. Some drama unfolds and things go haywire but this couple worked hard! My only complaint is there is no epilogue. I'm not ok with that. (there is an epilogue about Hayden and a lead up to her story). I want HEA and I want to see what happens in the future with them. Yes they get mentioned in other stories but I want more. Do they end up married? do they have babies? does she ever get over her fears? it left me guessing.

Debbie DiFiore says

Okay this book really got to me. I suffered from Agoraphobia from the time I was 18 until I was 40 and this was realistic, perhaps too realistic for me. It was hard to read but I am glad I did. One thing I liked is that she wasn't quickly cured. She still wasn't cured at the end of this story or in the next story. I wasn't cured until I started taking the drug Paxil. It took almost a year after that before I could really feel it help. But I had a great support system through it. My family really tried to help and having them in the car with me or go places with me really made it easier. I love this story and while it triggered some bad memories it still made me realize how far I have come.

As for the story itself, I loved and hated Beth. Just like I did myself when I had issues with it. She got hers after being kidnapped, violently raped and tortured. It happened in a book in the seal series and I just had to find out how she handled it. Totally PTSD all the way. I loved the hero and his patience and dedication, well he did fail terribly 70% into the book and I hated him for that. She was trying to cope with it and she did use a very dangerous method to do it. I was concerned but this guy just went off the deep end. I loved how she handled it too. I am not going to spoil that part.

She met him after a fire in her apartment and he quickly became attracted to her. Even knowing about the agoraphobia, he still pursued her. It didnt stop him. He was great. Love the whole gang and I really like the authors writing stule, well except for the sex scenes. It's just not romantic to me and she seems fixated on the

whole 'tasting' experience and it just turned me off. I love the rest of the book though and it is very well researched. I can't get enough of her books

2OCC Reviews says

What a truly inspiring read!!

We met Elizabeth Parkins enduring the worst moment in her life in Protecting Summer(Seal Of Protection#4).. This book is dealing with the aftermath of it..

Elizabeth, wow I'm in awe of how amazing she was, Yes she was dealing with the aftermath of the Kidnapping, She is struggling in some aspects, but what makes her truly amazing is how she deals with everything else.. She meets Cade, through her friend Penelope, who is Cade's sister.

Cade is so patient and so caring, He doesn't care that Elizabeth is dealing with her nightmare, He sees what's on the inside and is in for the long haul..

This is a book of overcoming our fears and becoming stronger.. It's about not letting the monsters win and take back control of our lives, in dealing with things in our own way.

I loved Penelope, she was an amazing friend to Elizabeth, She helped her deal the best way possible.

I love this series so much, It's one of my go to re-read series.

I recommend this book to everyone.

Megan Fall says

Another great read from this author. It was great to see Beth get a happy ending!

Siân says

I received an ARC from the author herself in exchange for an honest review.

Firstly, I'd like to say that I am quite biased about any of Susan's books. I have loved every one of them, though her SEAL's will always have a special place in my heart.

Shelter for Elizabeth was, no, IS an outstanding book. I have been waiting impatiently to read Elizabeth's story who we first meet in Susan's SEAL of Protection series.

She was, unfortunately, kidnapped, raped and tortured by a sicko that really had no interest in her

whatsoever. What hit close to home for was her agoraphobia because my best friend also suffers from this condition.

What I loved about Elizabeth was that, despite it all, she is a strong and independent woman, yet doesn't realise it. I love that she's a computer geek. Tex does too, obviously.

Her relationship with Cade is sweet, romantic. Yes, they do hit a bit of a rocky phase, but love can surpass anything right? in this book is no different. Cade's an Alpha male and actually ENJOYS being someone's hero. Of course, he is literally a hero (being a firefighter and all). Cade and Elizabeth compliment each other with their banter. Yet Cade isn't afraid to call bullshit when his woman says something he doesn't like.

This is by far the best book yet and next up is Justice for Boone. I can't wait to read this one, I desperately hope Hayden gets her happily ever after.

The Romance Book Disciple (Samantha) says

This book will always be special to me because Beth struggles with agoraphobia. It felt very personal for me! Full review will be on The Book Disciple

Angela (Angel's Guilty Pleasures) says

Shelter for Elizabeth was a satisfying read. Who doesn't like a sexy firefighter hero! Just look at that cover. Yummy!

Ok, So as I mentioned in my previous review for Justice for Corrie I've had Ms. Stoker on my blog and ever time I would tell myself I'm going to try her books. Just reading the blurbs and looking at the covers gets me intrigued in what she's written. For those that don't know me CR is not my normal go to genre, but I do like to give it a try now and then.

Here we have Beth who struggles with agoraphobia. We see her struggles on dealing with the aftermath of her kidnapping and everything that happened during that time. Just seeing her dealing with what happened and then add on her agoraphobia which makes it impossible for her to leave the house, was heart breaking. But, she's not alone.

Writing about a disability of any type is hard and Ms. Stoker does a wonderful job portraying these different disabilities that several people deal with on a daily bases. It makes her characters that much more believable.

I loved Penelope she was an amazing friend to Elizabeth. It was great to see her have a strong friendship with Penelope and then through Penelope meet Cade and then watch as their relationship grows. Cade is so patient and caring. He doesn't give up or put pressure on her. He sees how strong she is and helps her find ways to deal. He's their for the long haul.

Shelter for Elizabeth deals with overcoming fears, becoming stronger, and not letting the monsters win.

Over all I had a delightful time reading. It had it's ups and downs, it's sweet and tender moments, and it's corny spots as well.

Note: Can be read as a stand alone. Books in this series do not have to be read in order.

Rated: 3 Stars

***Disclaimer:** *I received a complimentary copy provided by Susan Stoker via RockStarLit with the sole purpose of an honest review. All thoughts, comments and ratings are my own.*
