



Live, Love, Explore: Discover the Way of the Traveler a Roadmap to the Life You Were Meant to Live

Leon Logothetis

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Part travel memoir, part self-help book, Live, Love, Explore is a guide to finding meaning and adventure in your everyday life and discovering the road you were always meant to walk. By bestselling author, Leon Logothetis, from the Netflix Series, The Kindness Diaries.

Leon Logothetis's life was well plotted out for him. He was to do well in school, go to university, get a job in finance, and spend the next fifty years of his life sitting behind a slab of wood, watching the rain-slicked streets of London from thirty floors above. For a long time, he followed that script, until one day, he finally realized he was living someone else's life—a good one—but not one of his own choosing.

So he walked out of that life, and discovered the one that took him around the world. Since then, Leon has driven a broken-down English taxicab across America, offering people free rides; ridden a vintage motorbike around the world, relying solely on the kindness of strangers; and followed a fellow traveler through India without ever knowing where he was going. He has visited more than 90 countries on every continent. Along the way, he learned something about the human spirit and about the heart of this world. He learned that he needed to shed his old ideas about who he was supposed to be in order to feel his soul rise to the surface and become the person he always longed to be.

The wisest words he heard, and the greatest lessons he learned, came from everyday people he met on his travels. He became their accidental student, and after years of sharing those lessons through TV shows, college tours, books, and in the media, he realized that he had also become an accidental teacher. His experiences are more than a collection of stories, they have become a way of life—the Way of the Traveler.

So, what is the Way of the Traveler? It's a roadmap to living your best life, loving with all your heart, and exploring the world—both the great and adventurous one waiting outside your door, and the even greater, more adventurous one waiting within your soul.

Weaving together Leon's hilarious and heartwarming stories of his misadventures on the road with simple but profound exercises to help you uncover your true path, *Live, Love, Explore* will teach you how to live fully and without regrets. It's not to say that everyone who reads it will have to go to the ends of the world. Because you don't have to go to Mongolia to discover the truths that lie inside. No, those life lessons can just as easily be learned from the people all around you--the chap serving you coffee at Starbucks, the woman sitting next to you on a plane, your co-workers, family, and friends. There's an entire world of people willing to teach you their lessons if you're willing to learn. And by opening yourself up to new adventures, by recognizing that you have the freedom to choose your own road, you'll find something else that has been hiding in plain sight: you'll find the life of which you have always dreamed... and the curiosity and courage it takes to make that life happen.

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Were Meant to Live Details

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Tiffany says

By far one of my favorite “self help” or more accurate “self-discovery” books I’ve ever come across. I related to Leon on pretty much every page of this book. I haven’t had quite the same travel experiences but every time I have traveled I’ve learned so much about myself. This book is fantastic. I highly recommend it to anyone wondering if there is more to life and more to our journey.

Helen says

GREAT book! Very inspirational. Definitely a must read for anyone.

Anna K. says

It was OK, it just didn't hold my attention. I appreciate his attempt to ask probing questions to get the reader to open up to one's own experiences, however it wasn't motivating for me and I didn't find his travel stories interesting. Probably just me.

Natalie says

I didn't actually finish reading this book because it was too annoying to finish. Like I've previously said, I like the stories, but I hate the pretentious ~way of the traveler~ bs over and over and over again. It's a broken record. And by the time you get settled into reading, it makes you do a self-help prompt.

Audrey says

The author uses his life experiences of travel to help others live the life of their dreams. If you want to live an adventurous and fulfilling life you need to be willing to reach out to others. By taking risks and getting out of your comfort zone makes a person vulnerable but life becomes richer as a result. We need to have continual desire to keep learning and never lose the childlike wonder and curiosity about life. Sometimes we need to be willing to put down our electronic devices and actually connect with another human on a personal level. Share our stories. Sometimes we are our own worst enemies. We live our lives how we think others expect of us. We live in fear which is detrimental to our wellbeing. Instead we need to listen to the quiet inner voice that tells us what is best for our life. To receive great blessings in life we need to give and share our gifts with others. The greatest adventure of all begins at home where we learn to love those closest to us and find contentment. The Way of a Traveler is a lifelong journey of continuing to learn and sharing life's greatest

lessons.

Donna Foster says

Filled with enough courage for adventure and a touch of craziness to do it.

Lawrence Kirtiadi says

Simply written and easily understandable. His story resonates a lot with my life, and probably with many more.

brightredglow says

Disclaimer: Read this as an ARC provided in exchange for an honest review.

After the strange year that 2016 has been, I really needed a nice positive read like Leon Logothetis's "Live, Love, Explore". I don't know if I could ever be a "Traveler" or fully embrace the 'way of the traveler' but there are good ideas and bits of advice in this book. In addition, the personal path that Mr Logothetis's shares is inspirational in how relate-able it is. Again, I may not want to go all-in as how Mr Logothetis did, but I can still be inspired to go outside my comfort zone.

Stephanie Nikolopoulos says

Live, Love, Explore definitely inspired me. I coauthored a biography on Jack Kerouac, whose writing deeply influenced my life. After college, I went backpacking across Europe, and when I got a job in book publishing I spent my first paid vacation taking a Greyhound bus across the US. The screenwriter for The Motorcycle Diaries, the film that inspired Logothetis to take up his travels, is the same screenwriter who recently did the film adaptation of Kerouac's On the Road, and I met and took a writing class with the screenwriter several years ago. Pair that with Logothetis' Greek heritage, his descriptions of his father, his love for dancing syrtaki, and his story really resonated with my soul. His book is a good reminder to me to live more fully and chase after my dreams.

Philippe Lazaro says

"What I have learned from my journeys is that I can't truly experience a place if I am not willing to learn from it. The Way of the Traveler bars us from being experts. Once we are experts, we shut down, we lose our curiosity, we think we know too much. The Way of the Traveler demands that we stay students, learning from the chorus of teachers that surrounds us if we're only willing to listen."

—Leon Logothetis

This was a good read! At first I was expecting something a bit heavy on platitudes on things I already agreed with, but it turns out, the book makes for a great guide to incorporating exploring, learning, and giving into your own life and story.

I actually found the most benefit in the little Q&A exercises the book has sprinkled within each chapter. It made it less about another person's story and more about engaging your own.

?????????

Juanita Tatum says

Related all to well. Although I'm not able to drop real life and travel the world, I certainly will be intentional in exploring my current city! I loved the questions and self reflection opportunities.

Heather Zink says

Uplifting and empowering

Leon has a casual and fun loving style in his writing. I've seen the entire Kindness Diaries series and loved every episode. I felt like this book was him actually speaking to me through the chapters. He wanders a bit in terms of the organization of the book, but it doesn't deter from his point or message. I liked the questions and writing activities as I think it helps the reader really dig into themselves while reading, which for me is the whole point of a book like this. I loved the little quotes interjected as well, and how he presents them in the introduction as some we will like and others we won't but that we should take time to ponder them and write down some that resonate with us. Leon seems like a guy you could have a beer with and talk to for hours, his book is a helpful guide to finding your next step in life. And as a Christian, I found it very similar to the path of Jesus and his teachings of love God (personal journey) and love your neighbor (share your love with others). We are all connected to a path in life, it's finding the right one for us and finding someone who uses the right words to connect the dots for us—Leon has the words to reach a large audience and help them on their journey of self discovery.

Keila says

A pretty easy read about the road to self-discovery with a built-in workbook to help you flesh out your hopes and dreams, as well as what might lead you to yours if you don't know yet. It was very refreshing to be reminded that there is no right path, and while no new knowledge was dispensed here, it was a cool way to spend a couple of days digging into what I want for myself.

Leslie says

So many good quotes from this book. It might even be one I go back and read again.

Jennifer says

Inspiring. Will make you question your motives, ideals, and quests in life. Well worth your time!
