



1,000 Feelings for Which There Are No Names

Mario Giordano , Isabel Fargo Cole (Translation) , Ray Fenwick (Illustrations)

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A charming, thought-provoking, hand-lettered book for fans of *The Book of Awesome* and *Wreck This Journal*

They amaze us and hurt us, bring us to tears and make us laugh, delight us and keep us up at night: feelings that we know only too well, but which have eluded the English lexicon for so long. In *1,000 Feelings for Which There Are No Names*, author Mario Giordano catalogs those familiar emotions.

Perfect for cocktail parties, quiet reflection, daily inspiration, or travel entertainment, this delightful compendium is broken up into helpful sections that will fit your every mood, such as “Afternoon Feelings,” “Nerd Feelings,” “Heaven-help-me Feelings,” or the somewhat more nebulous “Tangerine Feelings.” Or try opening a page at random to help kiss writer’s block goodbye. Don’t forget to add your own feelings in the back of the book (before they get away!) and share with others.

1,000 Feelings for Which There Are No Names Details

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From Reader Review 1,000 Feelings for Which There Are No Names for online ebook

Sandy S says

1,000 FEELING FOR WHICH THERE ARE NO NAMES is exactly what the title implies. Mario Giordano has compiled 1,000 different types of emotions and feelings and has applied them to everyday occurrences in life and love.

e.g.

The Inexplicable AVERSION to answering this one stupid email

The lifelong YEARNING to be taken seriously by your father

The DISMAY at having forgotten something very important.

Although the feelings and emotions are nothing new-everyone has experienced one or more of the examples-but Mario Giordano's collection is akin to a coffee table collection whereby a quick look may make you smile or thinking-hmmmmmm-so true.

Copy supplied by the publisher

Jon(athan) Nakapalau says

!!!!!!! - the feeling of reading a book that identifies feelings you have that you never thought to name!
Funtastic quick read that will make you laugh!

Mary Dover says

I love this little book of 1000 feelings. Most are true for me. Not the ones about children but the ones about having an older brother and sitting on the couch with them then their untimely death. I miss my brother. Please check it out it is a quick read and you may find points that reflect on your life.

Fareya says

This book is essentially what it claims to be - an amusing collection of a thousand feelings for which words don't exist. Hand-lettered, numbered and compiled in a charming fashion with creative illustrations and imaginative graphic elements, 1000 Feelings for Which There Are No Names was a joy to flip through. It is

not a self-help book, or an inspirational one and neither does it give any advise on emotions, it is simply an assortment of a thousand different feelings, most of which we all go through at some point in our life.

A lot of these one-liners made me laugh and nod. Quite a few made me shake my head as well, because I didn't agree with those. But nonetheless, every sentence is filled with emotions and situations most of which we are all familiar with and yet can't put a name on. I'll list a few favorite ones.

316 - *The YEARNING for the world to stop turning and this perfect summer afternoon to last forever.*

353 - *The HAPPINESS of being back home*

383 - *The JOY of laughing with your parents*

438 - *The EAGERNESS for the first coffee in the morning*

466 - *The CURIOSITY to see what will happen if I press that red button there*

640 - *The IRRITATION of standing in line*

668 - *The CHILDISH DEFIANCE when you meet with a barrage of criticism*

765 - *The JOY of waking up and realizing you get to doze for another half an hour*

810 - *The LONGING for something unattainable*

825 - *The HOPE that inner serenity will come by itself as you get older*

888 - *The ANGER at people who always know exactly what's best for you*

929 - *The ANTICIPATION of a package you ordered online*

957 - *The ELATION of having this day all to yourself*

992 - *The THRILL of suddenly hearing your native language in a foreign country*

999 - *The GLEE of having completely screwed up a task you resented*

One other interesting thing about this book is its index which classifies these feelings into entertaining categories like bottled-up feelings, cat feelings, daydream feelings, haircut feelings, ice-cream feelings, matrix feelings, too-late feelings and many many more. There are also a few blank pages towards the end where one could add some of their own emotions that the author missed.

Vey different, a little quirky and mostly funny, 1000 Feelings for Which There Are No Names was a fun read. It would make a great gift for most occasions, would be a wonderful book to take along on a picnic or just keep in one's personal collection to flip through occasionally.

Kara Sabbagh says

I found this book to be “meh” at best. Didn't finish it page to page. Good for an ice breaker / conversation starting thing maybe, but could have taken the route of “less is more”. Had there been a hundred pages only, with more illustrations or attention to each, rather than this infinite list, maybe I would have taken to it more. I also don't know that the title is the most accurate for everything inside. I was almost expecting a type of thing where there IS a word with a definition in another language, but not our own. No equivalent. It was really just “situations that may or may not have happened to you.” A lot of entries surrounding a feeling and just giving a situation to go with it. Should have just paid more attention to the best or most creative. I really did like the cover/ actual physical feel of the book though.

Jessica says

Vivek Tejuja says

There are feelings really for which there are no names. You do know what name or word applies to those feelings. But sometimes, names confound you. They leave you wondering, what is the word that should fit the emotion. And to add to that, if you find the words for a thousand emotions then nothing like it. This book has it all.

“1000 Feelings for which there are no Names” by Mario Giordano is a book which you can open to any page and be stunned by what is written there. It is not a self-help book. It is not a book which lends advice. It is just a book about life and Giordano has just observed and given thought to feelings and more than anything else, has given them names.

For instance, something as simple as this: “The regret over something that got broken”. We know it is regret. We know that. Maybe somewhere down the line, we are too scared to name it, perhaps thinking that acknowledgment will make us weak. There are one thousand such lines, such emotions and such situations that make the book what it is.

There were so many times in the book that I caught myself smiling or choking up. This book is just a breath of fresh air for so many of us out there, in the sense that one can instantly connect with it. I absolutely loved this book. It is one of those books that can be read at any time and I highly recommend this one.

Chau says

Really cute illustrations. You will find yourself nodding to agree while reading this book.

Christine says

****I received a free copy of this book from the publisher for my honest review****

The title pretty much explains what this one is all about. It's not the kind of book to sit down and read in one sitting, but would be a lovely gift or coffee table book. It's the kind of book that is nice to dip in and out of. Many of the 1,000 feelings could be used as jumping off points for journaling, other writing, or even just discussion among friends. I could relate to (almost) all of the 1,000 feelings listed and many of them conjured up vivid memories. This is a fun book I would definitely recommend.

See full review on my blog, [Buckling Bookshelves](#).

Chanda says

This book is such a great addition to my library! I have long been a fan of books and games that pose conversations starting questions. This is similar in execution. The book is filled with phrases that call to mind feelings that are not quite as succinct as those we can easily name. By triggering thoughts of those feelings the book serves as a conversational jump-starter or a great way to jog a stilled writer's hand. Untraditional though it may be, I'm turning this one into a coffee table book so I might have the opportunity to share it with all who visit our home.

<http://bibliofilesbookrating.blogspot...>

Megankellie says

If you are wizened and old and jaded, you will think "analog clickbait."

If you are in college, this will blow your gd mind I think. The handwritten graphics are a visual treat.

I was looking for something like this:

The nauseous anticipation mixed with shame mixed with magical thinking mixed with hope and fear and the feeling of life when your first love comments on your friend's facebook post.

i.e. this: <https://www.youtube.com/watch?v=mJG0l...>

This is a simpler, more fun version that a semiotics professor would have a field day analyzing. Also a pre-poetry kinda deal. Like what you read before you read poetry.

Brianeth Garcia says

Fun read! I found myself agreeing to most of the feelings named.

Mehsi says

Dit was echt een superleuk boek, maar ja, niet eentje die je in een keer uitleest, dus ik heb sporadisch gelezen wanneer ik zin had in weer een berg gevoelens. Wat dat is wat dit boek is, een boek over gevoelens. Een heerlijk feest van herkenning (en misschien wat schaamte). Ik lag regelmatig wel dubbel, zat met mijn hoofd te knikken omdat ik het er helemaal mee eens was, of mijn hoofd aan het schudden omdat ik me afvroeg wie dit als gevoel kon hebben. :P

Hier zijn 4 gevoelens uit het boek:

693: Het optimisme wanneer je tieners een echt boek ziet lezen.

384: De hoop dat niemand heeft gemerkt dat je een scheet hebt gelaten.

632: De moordneigingen tegenover de kat die net aan alle borrelhapjes heeft gelikt.

188 De paniek omdat je het toilet misschien niet op tijd haalt.

Dus zeker een aanradertje, ik hoop dat de schrijver met nog eens 1000 gevoelens komt.

Audra (Unabridged Chick) says

This intriguing little book -- less than 300 pages -- contains precisely what the title says: one thousand fleeting moments for which there is no single word to describe them. Whimsical, occasionally edge, melancholy and exultant in equal part, this is a lovely sort of coffee table book that invites one to thumb through and share.

Hand lettered and illustrated by Ray Fenwick, each feeling is articulated in a different font, punctuated with images and graphic elements. (You can click on the pictures for a more hi-res view.)

The feelings range from embarrassing to ethereal. Some favorites of mine:

188: The panic that you might not make it to the bathroom on time.

359: The disappointment that that smile was meant for someone else.

OR, one I can relate to all too much: 920: The helplessness in the face of your cat's whims.

There's a helpful index at the end which categorizes the various options: accident feelings, British feelings, red wine feelings, train-platform feelings, etc. The book has a great hand feeling, too: French flaps, and a slightly heavier paper inside, like a sketch-book.

A lovely gift-y sort of book for someone who struggles to articulate their feelings or those who are very good at it, as well as fun kind of graduation, house-warming, or birthday gift. Those who are into illustration might also enjoy this. My wife and I have been having fun picking out one feeling to sum up our day, and could be a neat sort of way to diary through life, noting what feeling you have when (and perhaps how often!).

Mish says

He should have named some of those feeling. Smh ..
