



22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome

Rudy Simone

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Although having Asperger Syndrome (AS) can make romantic relations difficult, having a fulfilling relationship with an Asperger man is certainly not impossible. A woman in love with a man with AS may interpret his difficulties with communication and socialization as a lack of interest in the relationship. He may vacillate between being gentle and caring to seeming cold and distant. She may find his behaviour hard to understand, resulting in feelings of loneliness, isolation, and confusion. This book shows how to overcome these difficulties and maintain a loving relationship with an AS partner. From an unwillingness to show affection in public or even sleep in the same bed to problems holding down a job, this book looks at 22 common traits that women may discover when they are dating, living with or married to a man with Asperger's Syndrome. Rudy Simone explores the complications of Asperger's relationships with honesty and understanding, drawing on research and personal experience to inform and advise women with AS partners. She offers helpful tips for improving the relationship and finding fulfilment both individually and as a couple. This book will help women to understand the male Asperger's mind and, equally, it can help men with AS to see things from their partner's perspective. It will also be of interest to counsellors working with couples where one partner has Asperger's Syndrome.

22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome Details

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From Reader Review 22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome for online ebook

Tom Hunter says

Speaking as a person who has been alleged to have Aspergers, I was quite interested to read this book, which I read at the behest of my honey, Shannon, author of the forthcoming novel "Sugar Valley".

This book describes a lot of specific things that an Asperger male should manifest. I only showed a handful of them. Still, interesting and valuable and I'm glad that I read it.

Julie Bowley says

A must have book, among many, for any neurotypical woman with an Asperger partner. It tells you the reality that you must accept for your relationship to survive

Mandy says

This is a thin volume, and I was very pleased to get hold of it as I had read wonderful reviews, the comment that the book was positive being the clincher for me.

I found the book almost horrifyingly negative, and also, worse, stereotypical. The point is made at the beginning that not everyone who has AS has the same difficulties, but almost in the next sentence, there are a list of things "all problematic for a person with AS." I almost closed the book then, as the person I am reading the book about does not have a problem with one of the things on that list. It wasn't just the AS men who were pigeon holed, I was constantly riled by reading what kind of woman I must be to have got into a relationship with an AS man.

Actually, many of the things described do not fit my man. Maybe he is not AS. Many of them do fit me. Maybe I am AS. Or maybe the book is so vague it is useless.

There is one quote from this book "People with AS are often brilliant in some respects" that I expected to see delved deeper into, as this book was supposedly so "positive". I wanted to know what these brilliant attributes were supposed to be. I still do - they were never mentioned again.

Marta Dulce ?i Gavina says

Niewielkie rozmiary ksi??ki usprawiedliwiaj? skr??towe przedstawienie problemów, jakie mog? napotka? na swojej drodze osoby maj?ce do czynienia na co dzie? z blisk? osob? z zespo?em Aspergera. Ksi??ka omawia po kolej? rozmaite, bardzo konkretne kwestie zwi?zane z ?yciem z osob? z ZA (partnerem romantycznym, ale nie tylko - przydatna mo?e by? ka?demu, kto ma w rodzinie lub w?ród bliskich znajomych aspiego) w prosty, rzeczowy, szczery do b?o?u (dos?ownie), a niekiedy zabawny spos?b, dobrze oddany w przek?adzie

(uk?ony dla t?umaczki).

Znalaz?am w niej wiele warto?ciowych uwag; niektóre potwierdzi?y moje w?asne spostrze?enia, inne ods?oni?y przede mn? mo?liwe przyczyny pewnych zachowa? u dwóch osób z ZA, które znam. Naturalnie nie wszystkie zachowania i nie wszystkie wskazówki zawarte w publikacji mo?na przypisa? ka?dej osobie z ZA, o czym autorka zreszt? szczerze pisze i nie wolno si?ga? po ksi??k? w nadziei, ?e rozwi??e nasze wszystkie w?tpliwo?ci. Pochwa?a przed frontem dla Rudy Simone za przypominanie do znudzenia, ?e s? to wskazówki oparte na wybranych badaniach i jej osobistych do?wiadczeniach oraz ?e zawsze niezb?dna jest wizyta u dobrego, sprawdzonego specjalisty i zdiagnozowanie osoby, której zachowanie wskazuje na zespó? Aspergera - bo nie wolno opiera? si? na samych poradnikach i testach internetowych. Du?o gwiazdek za t? rzetelno?? autorsk?.

Wayne King says

Although not aimed at me (I'm male), I have an Asperger diagnosis and thought the book might be useful to understand what happened in a previous relationship, and to try to make sense of some problems I am having in a friendship with a female at the current time.

It is a quite simplified book and can tend to be a little overgeneralised with its opinions of males with Asperger's but it does seem like it has given me a little perspective on how I might be being viewed, which is all I was looking for.

Alison says

Insightful yet Not a great book.

Florence says

Deceiving. I expected something more structured and complex. It didn't bring the information I was looking for.

Debbie says

To be read with caution. It did describe many of the difficulties my AS husband has but didn't explain that different men cope with varying degrees of success. It left me feeling quite negative about my husband, which isn't useful. I didn't feel it had enough of the balancing strengths. But still, it was useful and informative.

Kerry Woodward says

Excellent book. Being married to an Aspie I could completely relate to this book. It's made me realise i'm not going insane afterall!

April says

Very valuable information for any woman in any type of romantic relationship with a man who has Asperger's Syndrome (AS). Really wish I'd gotten my hands on this sooner (well, honestly, I bought it a few years ago and have just now gotten around to reading it) because I really was feeling very alone with a lot of the struggles that my husband (who has AS) and I were having. Granted, not all of the topics covered in this book apply to me/my husband -- for example, the chapter on lying. In my experience (mostly with kids who are on the spectrum, but also in the years spent with my husband -- 11 years of relationship, the latter 7 years we've been married) people with AS are more often brutally honest.

So yes, I do definitely recommend this book, as long as you realize that not every single thing in here applies to every single person with AS. :) But I don't recommend purchasing it unless as a used copy. It's less than 100 pages of actual information, and although it's useful, it's not worth the \$12 or so that I spent on it. That being said, if buying it is your only choice, go for it. :)

There is so little information out there for spouses/partners of folks with AS/autism, and there is equally little support out there for adults with AS/autism -- so I'm very glad that books like this exist, although resources such as these are not terribly well-known.

Amy says

Fairly depressing for me but now I know I wasn't crazy or "not good enough" to hang out with. This book accurately (if painfully) describes the behaviors of an aspie man so perfectly. It is subtle - the difference between a self-absorbed asshole and an aspie - and this book does a good job of explaining the unique aspects.

Yvonne says

It is very realistic and makes sobering reading. It upset me quite a lot though there was nothing I didn't already know because I regularly experience the rollercoaster ride of being special friends with an aspie of the opposite sex whom I quietly love very much. The love and the joy of the good times is always tempered by the worry/awareness that he will one day unceremoniously leave me. It just brings it all home.

Wendy Mueller says

This book literally saved my marriage. So many of the things that I thought my husband did just out of spite were actually clear symptoms of Asperger's. I wish I had found this book 10 years ago.

Gillian Taylor says

This book opened my eyes in more ways than one. It not only showed my my partners behaviours in greater detail and gave me more understanding of the way his brain worked but it also showed me my behaviours and gave me hope that I can adapt and accept some of the more difficult things that happen in this type of relationship. It made me laugh, it made me cry but mostly it gave me hope.

My favourite part of this book was this explanation by the author about her relationship with her Asperger's Syndrome (AS) partner -

'I liken being in a relationship with an AS male to living in a climate where the sun doesn't shine very often. When it does, it is dazzling, and you appreciate it so much more than someone who lives in a place where the sun always shines. You live for those moments of light.'

Kelley says

This is a very short book. The list itself was fine, but I found that the explanation wasn't very applicable to my situation. Not the author's fault.
