



# **5 Day Weekend: Freedom to Make Your Life and Work Rich with Purpose**

*Nik Halik*

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Weekend. What a wonderful word! We look forward to its pleasures and the freedom to do what we want. All the while knowing that soon we will have to return to the obligations and demands of our workplace. What if there's a way to add three more days to your weekend? In 5 Day Weekend(R) authors Nik Halik and Garrett B. Gunderson offer a master strategy to achieve a life rich with money, personal freedom and purpose -- a life of more and better choices. The strategy is to build multiple streams of income that don't require you to work 8 to 5 in a company where you have little control of your time and compensation. The core money parts -- Keep More Money, Make More Money, and Grow More Money -- focus on ways to tighten your finances, increase your income, and develop passive investment strategies. The goal is to build regular, independent cash flow until they match your standard of living. Then you're no longer captive. Your independent income is enough to sustain you -- to free you. The 7 Personal Freedom chapters cover Purpose, Choice, Productivity, Simplicity, Adventure, Peace, and Generosity -- ways to live your life to the fullest. The 4 Vital Practices -- Strengthen Your Mindset, Build Your Inner Circle, Fortify Your Habits, and Amplify Your Energy -- provides tools to support and realize your new goals. In Push the Boundaries, Nik Halik shares his remarkable journey and challenges you to achieve your own 5 Day Weekend(R).

## **5 Day Weekend: Freedom to Make Your Life and Work Rich with Purpose Details**

Date : Published March 7th 2018 by Bard Press

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Author : Nik Halik

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# From Reader Review *5 Day Weekend: Freedom to Make Your Life and Work Rich with Purpose* for online ebook

## Harper Miller says

Borrowed this from my local library and it's by far one of the best business books I've read in a long time. Extremely insightful for entrepreneurs looking to formulate a solid business plan. A fave read in 2018!

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## Kate says

Nik Halik and Garrett Gunderson's *5 Day Weekend* is the latest new book to attempt to liberate workers from the tedium of working '40 hours and week for 40 years' — a mentality that used to be touted as the only way to a successful retirement. Their focus is on creating true financial independence, but the hook of adding two extra days to your weekend is pretty tempting, too!

Oddly similar — but without the humor and cheekiness — of Tim Ferriss' *4 Hour Work Week*, *5 Day Weekend* is written from a highbrow point of view, which may be harder for some to understand. It takes a look at personal finances on a micro level, outlines specific ways to create multiple streams of income, stresses ways to reduce or eliminate debt (including the smartest ways to pay off loans), and focuses on investing... perhaps a bit too heavily on investment properties for every reader.

The conventional work and retirement mindset is not only outdated, but also unfulfilling. Security in the old-fashioned sense no longer exists, and it may be tough for some to push through their boundaries on that, so this book takes a good look at some new ways to earn and enjoy wealth, both now and in the future.

A lot in the book just makes sense, but if you need to know there are others out there who share a smarter work/smarter wealth attitude — or if you just want a preliminary roadmap for how you can generate this mentality for yourself — *5 Day Weekend* is a good book to get you started.

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## Rachael Rizzi says

Game changer!!!

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## David McClendon, Sr says

This 320 page book is more like a course in life management than any we have seen.

If you take Dave Ramsey's Total Money Makeover, stir in a little of Norman Vincent Peale's Power of Positive Thinking, add a pinch of The Autobiography of Ben Franklin, and then top it with The Millionaire Next Door, you have the recipe for 5 Day Weekend.

*5 Day Weekend: Freedom to Make Your Life and Work Rich with Purpose* by Nik Halik and Garrett B.

Gunderson takes your typical book on money management and stands it on its ear.

In these pages one will find tons of ideas about how to make more money through active methods so that one can then make more money passively. This is one of those books you wish you had read when you were younger.

Nik Halik has an engaging writing style that makes the book very readable and enjoyable and, if you aren't careful, you just might learn something. We give it all five stars.

You may be thinking that 5 Day Weekend is just another book on finance; you would be wrong. Instead, it is about living the life you want to lead. Readers learn about goal setting, planning, budgeting, and more.

We were sent a complimentary copy of this book. We are under no obligation to write any review, positive or negative.

We are disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255.

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### **Casseroll says**

This book just was talking to HIGH income earners, trying to sell WHOLE life insurance as a 'liquid' loan option and then real estate. This was very off-putting. Don't recommend.

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### **Jordan Valeriote says**

At first I thought this was just another rah rah entrepreneur book about how cool it is to be rich and how you can do it too. But the last section brought it all home with a great perspective on what it's all for and avoiding being a slave to stuff, your work or other peoples' opinions. Most other books like this just stop at the material motivation, so I found this refreshing and inspiring in the end. Advice on investing in seasons was good too. An easy read for anyone getting started with a new entrepreneurial perspective on life or as a refresher / motivation booster.

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### **Gerald Vandermeer says**

There are a lot of great techniques and strategies in this fantastic book and I really valued the chapters on motivation and mindset. I would be very grateful if an Australian version of this book was printed as some parts or chapters are only applicable to American readers.

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### **Marie says**

"I own my life. I set the terms. I take responsibility for my results. I am the master of my fate, the determiner

of my destiny. I live by design, not by default."

"I am willing to do what others will not do, to get what others will not enjoy."

"I hustle for a short time to fully enjoy life for a long time."

"I live not for retirement, but for purpose. I develop my gifts and talents and leverage them to create value for others and fulfillment for myself."

"Cut ties with toxic people."

"Develop a morning routine."

"Exercise daily."

"Focus on the most important things."

"Don't find your purpose - create it."

"Everything you want in life is on the other side of your fears."

"Don't make money your purpose."

"Value your time."

"Never stop setting goals."

"Be unreasonable."

"If your life's work can be accomplished in your lifetime, you are not thinking big enough."

"Begin with the end in mind."

"Help people who are struggling."

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**Steve Goguen says**

**Life changer!**

No need to say more.... just a Life Changer!

You must read this book, and create your game plan. Good luck

