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Further Along THE ROAD LESS TRAVELED

The
Unending Journey
Toward
Spiritual Growth

M. SCOTT PECK, M.D.

Author of *The Road Less Traveled* and *Beyond*

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Further Along the Road Less Traveled: The Unending Journey Towards Spiritual Growth

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Further Along the Road Less Traveled takes the lectures of Dr. Peck and presents his profound insights into the issues that confront and challenge all of us today: spirituality, forgiveness, relationships, and growing up. In this aid for living less simplistically, you will learn not to look for the easy answers but to think multidimensionally. You will learn to reach for the "ultimate step," which brings you face to face with your personal spirituality. It will be this that helps you appreciate the complexity that is life. Continue the journey of personal and spiritual growth with this wise and insightful book.

Further Along the Road Less Traveled: The Unending Journey Towards Spiritual Growth Details

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Author : M. Scott Peck

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Jonathan Hockey says

A valuable read. A rare voice for a reasonable appreciation of science where it is good, and of spirituality also where it is good, when it comes to our mental health and well being.

Polina says

I love Scott Peck! This book examines spirituality as an important part of overall human and society development, looks at necessity of pain in life, importance of death, true forgiveness, sexuality and the New Age movement. Scott's psychiatric/spiritual method of examining life and humans resonates with the way I perceive the world so it was a highly engaging and thought provoking read.

Kajal says

A great continuation to Dr. Scott's Road less traveled.

Wes says

A continuation of The road less traveled.. Positive, inspiring and educational.

Jimmy says

Most "disorders" are "psychosomatic." Apparently, even including cancer. Although I find it so hard to believe he actually said that, I can't convince myself I actually heard it on this audiobook. But he covers himself by saying not all cancers, but he seems to be saying most.

Got cancer? Become spiritual and your odds of getting cured increase many times over. He just seems like a snake oil salesman to me. Typical is that he uses some science knowledge mixed in with absurdities.

Derek Manuel says

This book is an edited compilation of things Peck said in his lectures in the years after The Road Less Traveled. In my opinion, more editing would have helped it a lot. The tone is lighter than the first book's was, and it is lacking much of the first book's depth. There are even a few annoying spots where Peck refers to something he has previously said or written as though it is evidence for the assertion he is currently

making. Also troubling is the fact that this book has much less psychology in it and, although its purported aim is to convince you to find your own personal religion, Peck hardly lets a page go by without a reference to Jesus. If you're looking for something to reaffirm your Christianity in a somewhat unorthodox way, this might be a good book for you. If you want something to help you keep learning the way you did from the first book... skip it.

David says

A friend gave me this book after I told him how much I enjoyed Peck's first book, "The Road Less Traveled"

M. Scott Peck has a very accessible writing style and does a wonderful job bringing out truths behind everyday life that will seem both revolutionary and self-evident at the same time. In this follow up to his original work, he has himself undergone a spiritual awakening but continues to speak in a humble voice about what he believes to be the weakness of a psychiatry that neglects spirituality.

While he repeats many points from his first book, this work certainly enriches and adds to it as well. The biggest take home messages for me were a) spiritual development is just as important as psychological development (if not more important) and b) although Peck chooses Christianity as the religion that most aligns with his own version of reality, he acknowledges the sanctity of all forms of religion -- his is an accepting brand of Christianity though he warns against the heresy of any religion too uncomfortable with paradox. He reminds us to always ask: what is missing?

Massanutten Regional Library says

Martha, Central patron, July 2016, 5 stars:

Having read *The Road Less Traveled: A New Psychology of Love, Traditional Values, and Spiritual Growth* years ago and *People of the Lie: The Hope for Healing Human Evil* quite recently, I found *Further Along* a fascinating account of Peck's integration of psychiatric reflection and Christian faith. His categories of spiritual development as well as his discussion of evil were quite helpful to me, and his writing style is accessible.

Yvette Ali says

The self-help classic everyone must read.

Dave says

I found the following to be the most important:

1. The four stages of spiritual development

2. We need to think about dying more
3. AA is a good program and can be used more broadly
4. Science and spirituality can work together
5. The four stages of spiritual development

I had already skimmed the first book, so I can't say if this wasn't as good. I was fascinated with his stages. I've come across other stages / theories of development, but his is the best framework. It certainly doesn't explain every thing but is a good start.

He's not the most orthodox / mystical / deep / insightful believer / writer but that's ok.

Aaron York says

Exactly what the title says it is in a few aspects. 1) it's a continuation "Further Along The Road Less Traveled" of the authors personal growth and research that leads to new ideals and beliefs, and cements others from the previous book. 2) The subtitle is, "The unending journey towards spiritual growth" - And it is exactly that. I was able to further my growth through this book, learn new things, and further understand how much further I can go! Great read.. Absolutely recommend this and number 1. Great pair.

Jack Frost says

Pathetic compared the the 5 star first book.

Andrea says

Although people generally do not like Further Along the Road Less Traveled as much as its predecessor, I find it just the right book for me as the issues it addresses are far more relevant to the psychological and emotional dimensions of my own life. I think that's the thing about this sort of book; you can't make a judgment call based on others' opinions because their appeal is strongly dependent on how much they touch upon your own issues.

Mitchell says

If you're not a devout Christian, this book is a bit hard to take. That's not to say that the baby should be thrown out with the baptismal water. There is some good advice and insightful gems to be had here. The chapter on The Issue of Death and Meaning is one example.

Based on a "trusted" source that I now don't recall, late last year I committed myself to reading The Road Less Traveled. That title was written in 1978 and while I thought that was the book I ordered on line, the one

that arrived was this book, *Further Along the Road less Traveled*.

Let's just say, I'll not be going back down the road to read the original. What I would like is to go back and recalling where the recommendation for this read came from so I could adjust the recommendation meter from "trusted" to "untrustworthy."

Kimberly says

I generally do not read books about psychology much less psychoanalysis. However, I found this book to be very insightful. The book is separated into various segments, including discipline, love, growth and religion, and grace. I would definitely say that there were underpinnings of religion in this book which I was surprised to see in a science like psychology. However, there were portions of these various sections that I found applicable to my life and which I found even helpful. For example, the section of the book that describes how "love is separateness" rings very true in my life and what I believe I need to have in a loving relationship. Peck says, "a major characteristic of genuine love is that the distinction between oneself and the other is always maintained and preserved. The genuine lover always perceives the beloved as someone who has a totally separate identity. Moreover, the genuine lover always respects and even encourages this separateness and the unique individuality of the beloved. It is the separateness of the partners that enriches the union. Great marriages cannot be constructed by individuals who are terrified by their basic aloneness (which is to be distinguished from loneliness). Genuine love not only respects the individuality of the other but actually seeks to cultivate it, even at the risk of separation or loss. The ultimate goal of life remains the spiritual growth of the individual, the solitary journey to peaks that can be climbed only alone. It is the return of the individual to the nurturing marriage or society from the peaks he or she has traveled alone which serves to elevate that marriage or that society to new heights."
