



One More Try: What to Do When Your Marriage Is Falling Apart

Gary Chapman

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When doors slam and angry words fly, when things just aren't working out, and even when your spouse has destroyed your trust, there is *still* hope. If you feel like your marriage is near the breaking point, or even if you've already separated, Gary Chapman will show you how you can give your marriage one more try.

One More Try will help you . . .

Take the next step when blindsided in marriage;

Discover healthy ways to manage frustration and anger;

Effectively deal with loneliness;

Renew hope and trust in your spouse; and

Rebuild your marriage from the ground up.

Distress or even separation do not necessarily mean divorce is imminent. Matter of fact, it's possible that these may even lead to a restored, enriched, growing marriage. The outcome of this challenging time is determined solely by the individuals involved. If you're willing to make the most of that process, then begin the journey with confidence as Gary walks you step-by-step towards healing and hope.

*The content of this book has been significantly revised and updated from its previous title *Hope for the Separated*.*

One More Try: What to Do When Your Marriage Is Falling Apart Details

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J Crossley says

Gary Chapman writes often about relationships. In this book, he provides ways to try to keep your marriage together before it fails.

Frans Karlsson says

A good book for couples to read before they are divorced but are having problems/separated. Healthy advice to think about and giving hope of reconciliation, that it is possible.

Holly says

This was a good book about the importance of marriage, and why, though it may be harder, one should stay and work on the marriage instead of leaving. I had not read any other books by Gary Chapman other than the 5 Love Languages, so I wasn't expecting such a heavy dose of christianity. But overall it did provide things to think about.

Heather says

As a therapist, I love Reading relationship books. They help me help my clients and they help me as a mother and wife! I love Gary Chapman and this book had some beautiful points. It also missed the mark for me in many areas. I think being that I was reading as someone non-separated, it was difficult for me to really understand. Although I am a Christian, I am not legalistic and many of the things he said although maybe they are Biblical, sounded unrealistic. Example, "take your spouse before the church and if they don't comply, they are a non-Christian." Really? What I did love is the premise that he states that separations can be reconciled and that there is always hope!

Sojourner says

The #1 New York Times bestselling author of The 5 Love Languages series, Dr. Gary Demonte Chapman is a relationship counselor and the director of Marriage and Family Life Consultants, Inc. Many couples have turned to him for building strong and happy relationships. And the book One More Try: What to Do When Your Marriage Is Falling Apart is written especially for those who are at the point of throwing in the towel saying, "I can't take it anymore!"

In a world ravaged by brokenness and where dysfunctional family is more of a norm than an exception, confusion and chaos of untold proportions can knock on the door of one's heart, ultimately leading to that

inevitable question: Is it worth it? More often than not, sincere and friendly advice and tips can tilt the balance in the wrong direction. While there are the less than unusual ordinary ups and downs, some situations need expert advice and intervention.

In such a situation, *One More Try: What to Do When Your Marriage Is Falling Apart* by Gary Chapman will come in handy. As someone who has devoted the best years of his life helping countless people deal with their troubled relationships, he has offered sane, practical, insightful and thought-provoking lessons which will effectively help to deal with many relationships that are at the breaking point. Consider the chapters that he has so neatly formulated:

- What happened to our dream?
- How to start saving your marriage?
- Change yourself, change your marriage
- Turning to God
- Love is....
- Tough love
- Loneliness: "The deepest pit"
- "I'm so angry"
- Rebuilding
- And if it doesn't work out...
- Facing the future

May be, your relationship is seemingly going through a smooth patch and you think such a book as this is not for you but one can never tell. *One More Try: What to Do When Your Marriage Is Falling Apart* by Gary Chapman will help you to be a better partner and parent. You can help others deal with their situations through this book. Reading this book will well be worth the investment. You can depend on Dr. Gary Chapman to give you the best possible advice when you finds yourself looking for answers!

Erik Garcia Perez says

Amazing

This book took me out of limbo; thought me what real love means and how to live it. Strongly recommended at any stage of marriage.

Jane Glen says

An excellent, Biblical resource for those whose marriage appears to be falling apart.

Tanya Quirino says

I am a new christian and this book was extremely simplified and helpful to my situation. I have read a lot of marriage books which speak on advice but this is my favorite. The author is truthful even if the reality of situation may hurt. This I would also recommend it to non-Christians as it is not a dictatorial book

Johanna Sawyer says

Thanks netgalley so much for allowing me this title. Straight and simple approach to helping people understand how to give their marriage another try. I love the examples, and I have read many of Dr Chapmans books. He gives a simple approach with great ideas to bring back a rekindled marriage.

Mandy Abney says

If you are struggling in your marriage and think there is no hope, pick this up first! I will gift it to you! It's on me! I wish that I would have had this when my own marriage was in crisis! A must read for any couple that isn't, because more than likely you will face troubles at one point in your marriage. This really had me reflecting on who I was as a person and to stop looking at my spouse and start looking at my own flaws and what I could improve on to improve the marriage!

Shawn Roller says

This book was extremely encouraging and eye opening. Helped me recognize a lot of things in myself I need to change. Still praying my hear out over this issue but have a tiny bit off hope.

Judy Bell says

Listened to this book by audio 3 times. It has such good practical advice that I will go through it one more time and take notes now. Very relevant to a marriage in crisis and the steps to take to help it survive or to help the spouse left behind cope. Absolutely loved this book. Helped me understand the stages that were happening in my own marriage from both sides. Highly recommend this book!

Arianne O'Brien says

Not the book for me right now or hopefully ever. I was just looking for marriage relationship building books. This is more about separation divorce and infidelity.

Jess says

ok. too general for me.

Maria says

Calm and reassuring, this is a book written by a Christian pastor. If you're struggling during a painful separation, this may provide some comfort and assistance. There is a lot of scripture, but I thought of it as wise words of wisdom rather than overly religious. Only time will tell if it helps me.
