



## 7 Day Focusing Plan

*Stephen Richards*

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## **7 Day Focusing Plan** Stephen Richards

Focusing is the great secret of power. If you want to use your full amount of focus, you must close down all other thought and direct your power of generating mental steam toward one outcome. This ebook will show you how to centre your mind on one purpose, one plan and one transaction at any one time. You cannot run at full throttle when applying your mindset to all of the different things running through your head, find out how to control this. Focusing is the key to manifesting your desires; this is what you can learn in a short time. This 7 Day Focusing Plan by Stephen Richards, best selling author and the world's number one authority on Cosmic Ordering techniques, is unique.

Within this book you learn how to make positive things happen within your life. By applying the techniques in this 7 Day Focusing Plan you can get anything you want. Every desire can be fulfilled.

### FROM THE AUTHOR

Resistance moves you into harmony. What you do not resist means you do not fear it. Let go of your expectations and all fear will be gone. By continually holding on to your expectation and letting it become stressful creates fear that whatever it is you desire may not happen. Just let go of the need to care about whether it happens or not, then you are free from fear and can then concentrate on focusing.

## **7 Day Focusing Plan Details**

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